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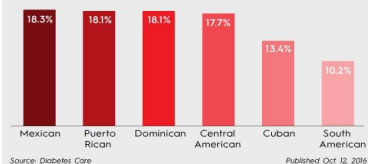
Why we were interested in this topic?

(Purpose) We were interested in shedding some light to why there was a large amount of Hispanics/Latinos in the Napa Community that have underlying conditions (diabetes, obesity) and what steps & precautions our health care community is doing about it
(Method) We conducted interviews with a few locals and asked what they thought about the situation. Some of the main questions we touched on include..
Is the individual in an area where they don't have access to resources? (Food Desert, Medical Providers, Programs)
How is this individual's lifestyle? Are there any environmental factors that impact their health and mental state?

Diabetes in Hispanics

By American Heart Association News

A recent study using data from the U.S.-based Hispanic Community Health Study/Study of Latinos found Mexicans are most likely and South Americans are least likely to have diabetes.



What we found.

(Findings)

Financial Barrier

Insufficient access to salutary food (Food Deserts)

Lack of Communication between Physician and Patient

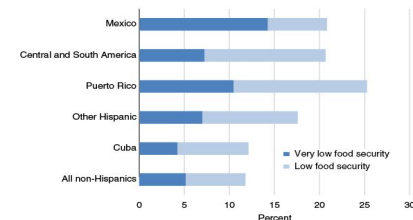
Accommodation: Lifestyle Changes

"Hispanics were found to consume a greater percentage of carbohydrates, protein, and fiber..." (Lara et al., 2002). The high consumption intake of these substances is a factor that's leading the hispanic community to have high obesity and diabetes rates. The lack of self-care & resources is why this population faces these risks.

Conclusion

We learned that the Napa Valley Hispanic Community has a couple barriers that prevents them from turning a new leaf and adapting to a completely different type of lifestyle. Overall barriers touched on during the video, Lack of communication/misunderstanding between Physician and Patient
Financial Barrier
Accommodation: Lifestyle Change
Insufficiency of Produce/ Food deserts

Prevalence and severity of food insecurity among Hispanic adults in 2011-14 differed based on country of origin



Source: USDA, Economic Research Service using data from Current Population Survey Food Security Supplement.