

Napa Valley College 2025-2026

General Education

Associate of Arts (A.A.) and Associate of Science (A.S.) degrees

Effective fall 2025 through summer 2026

Review the 2025-2026 catalog for detailed information. The courses listed below fulfill the Napa Valley College General Education, Health Wellness and Self Development graduation requirements for the Associate of Arts and/or the Associate of Science degree. If you are a transfer student, consider choosing only courses that appear both here and on the appropriate intersegmental general education worksheet. Note: For transfer students, Cal-GETC replaces the IGETC and CSU GE breadth patterns beginning FA 2025. Students who have already earned a bachelor's degree or higher from a regionally accredited university are exempted from NVC GE and graduation requirements. A course may be used for only one general education category. Students are required to complete a minimum of 21 semester units in Areas 1-6 below per updated [Title 5 Sec. 55061](#). Please check with [General Counseling](#) and [ASSIST.org](#) for current information. NEW: [Common Course Numbering](#) begins fall 2025. The course numbers beginning with **C** identify them as a part of this new numbering system.

LEGEND: C = Completed units; IP = In Progress units; N = Needed units. New courses are in **bold** and lab courses are underlined.

Area 1: ENGLISH COMPOSITION, ORAL COMMUNICATION, AND CRITICAL THINKING (2 courses; 6 semester units)			
(A) English Composition (1 course, 3 semester units)			
English C1000 (formerly 120) or 120B NVC courses completed:	Course(s) from other Colleges:	C	IP N
(B) Oral Communication and Critical Thinking (1 course, 3 semester units)			
Communication Studies 120, C1000 (formerly 122), 124, 126, 128, 130 English 123, C1001 (formerly 125) Philosophy 120, 121, 126 NVC courses completed:	Course(s) from other Colleges:	C	IP N
Area 2: MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING (1 course, 3 semester units)			
Mathematics 106, 108, 110 , 115, 120, 121, 130, 220, 221, 222, 232, 235 NVC courses completed:	Statistics C1000 (formerly Mathematics 232) Technical Math 107 Course(s) from other Colleges:	C	IP N
Area 3: ARTS AND HUMANITIES (1 course, 3 semester units)			
American Sign Language 120, 121 Arts 100 Art History 101, 105, 106, 118, 130, 145, 180 Child Family Studies 145 Dance 160, 170 Digital Art & Design 101, 120 English 121, 123, 213, 214, 215, 216, 220, 224, 226, 228, 230 , 231, 232 Ethnic Studies 100, 101, 111, 112, 113, 114, 115, 160, 161 Film Studies 100, 101, 102, 105, 110, 115, 120, 121, 125 NVC courses completed:	French 120, 121 History 122, 123 Humanities 125, 151, 174 Italian 120, 121 Music 110, 112, 114, 121, 122 Philosophy 120, 121, 125, 128, 129, 133 Photography 120, 180 Spanish 111, 120, 121, 240, 241, 270, 280, 281, 282 Theater 100, 174 Course(s) from other Colleges:	C	IP N
Area 4: SOCIAL AND BEHAVIORAL SCIENCES (1 course, 3 semester units)			
Administration of Justice 121, 122, 125 Anthropology 121, 122, 130, 131, 145, 150, 180, 200 Child Family Studies 120, 140, 180 Communication Studies 126, 134 Economics 100, 101, 120 Engineering 110 Geography 101 History 120, 121, 122, 140, 142, 145, 150, 152, 165 NVC courses completed:	Humanities 166 Human Services 120 Lesbian Gay Bisexual Transgender 120, 121 Political Science C1000 (formerly 120), 125, 135, 140 Psychology C1000 (formerly 120), 123, 124, 125, 126, 128, 135, 220 Sociology 120, 122, 130, 140, 150, 190 Course(s) from other Colleges:	C	IP N

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Area 5: NATURAL SCIENCES (1 course, 3 semester units)				
Anthropology 120 Astronomy 110, Biology 103, 105, 110, 112, 117, 120, 218 Chemistry 110, 111, 120 Earth Science 110 NVC courses completed:	Environmental Science 115 Geography 110 Geology 110 Health Occupations 100 Physics 110, 120, 140 Course(s) from other Colleges:	C	IP	N
Area 6: ETHNIC STUDIES (1 course, 3 semester units)				
Ethnic Studies 100, 101, 111, 112, 113, 114, 115, 160, 161 NVC courses completed	Course(s) from other Colleges:	C	IP	N
ADDITIONAL GRADUATION REQUIREMENTS				
HEALTH WELLNESS AND SELF DEVELOPMENT (Minimum 1 course, total of 3 semester units required) Exemptions are the following: students majoring in Health Occupations or Veterans with 6 months of service. May be double counted.				
Arts 100 Art History 101 Business 297 Child Family Studies 120, 121, 140, 196 Computer Science 101 Counseling 100, 104, 105, 110, 111 Dance (all courses) Digital Art & Design 120 NVC courses completed:	Education 100 English 200, 203, 205 Health Education 100, 106 Kinesiology (all courses) Library 100 Photography 120 Psychology C1000 (formerly 120), 124, 135 Course(s) from other Colleges:	C	IP	N

Notes: