

PSYC 175

Theories of Personality

3 Units

54 hours lecture; 54 hours total

Prerequisite: PSYC 120

The study of personality examines the sources of our similarities and our differences. This course will cover several major perspectives on personality including psycho-dynamic, behavioral, phenomenological, social-cognitive, and biological/evolutionary theories. An emphasis will be placed on integrating these theories and relating them to everyday life.

CSU, UC

Student Learning Outcomes:

1. Comprehend and analyze the major theories of personality.
2. Apply the major theories of personality to better understand the self and others