

Activity #8: The Power of Introverts Homework

Name: _____

Read the article and respond to following questions using complete sentences. Please be sure to address each question thoroughly and honestly.

https://www.ted.com/talks/susan_cain_the_power_of_introverts

In a culture where being social and outgoing are prized above all else, it can be difficult, even shameful, to be an introvert. But as Susan Cain argues in this passionate talk, introverts bring extraordinary talents and abilities to the world, and should be encouraged and celebrated.

1. How does the author define an introvert? Do you think you're an introvert, an extrovert, or an ambivert? Are you an introvert in some situations and an extrovert in others? Please explain.

2. Can you think of a time in your life when being an introvert proved to be an advantage? Please explain.

3. If you're an introvert, what is most challenging about working with extroverts? If you're an extrovert, what is most challenging about working with introverts?