### Activity #6: The Secret of Effective Motivation Homework

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| **Name:** |  |

Read the article and respond to following questions using complete sentences. Please be sure to address each question thoroughly and honestly.

Read the following article: <https://www.nytimes.com/2014/07/06/opinion/sunday/the-secret-of-effective-motivation.html?_r=0>

1. List and define the different types of motivation.
2. In one sentence, what is the point of the article?  Are you surprised by this? Why?
3. Provide an example from your own life that supports the thesis of this article.
4. Based on this article, what advice would you give a friend who says, “My parents want me to become a doctor, because they make a lot of money; but I want to become a statistics instructor because I love data and working with students.