

Love is a serious
mental illness.
-Plato

Serious Mental Illness

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Serious Mental Illness (SMI)

- Affects 5% to 7% of U.S. population
- Presents difficulties in multiple areas, e.g.?
- Chronic or recurrent
- Patients at risk for...
- Difficulties in a wide range of functions

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Older Adults with SMI

- Before deinstitutionalization...
- Patients became dependent on services...





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Young Adults with SMI

- ▣ Limited experience with formal treatment
- ▣ 1. Contribute to
- ▣ A.
- ▣ B.
- ▣ C.
- ▣ Additional problems, such as...
- ▣ 1
- ▣ 2
- ▣ 3
- ▣ 4
- ▣ 5



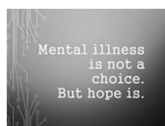
Rehabilitation versus Recovery

- Rehabilitation—focuses on
- 1.
- 2.
- Recovery—focuses on
- 1.
- 2.



Issues Confronting Those with SMI

- Establishing a meaningful life
- Comorbid conditions
 - 1
 - 2
 - 3



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Issues Confronting Those with SMI (Cont.)

- Social problems
 - 1
 - 2
 - 3
- Economic challenges
 - 1
 - 2
 - 3



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Issues Confronting Those with SMI (Cont.)

- Treatment issues
 - 1
 - 2
 - 3
 - 4
 - 5
 - 6



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Resources for Persons with SMI

- Comprehensive community treatment
- Community services and programs
- 1
- 2
- A
- B
- 1.
- 2.



Resources for Persons with SMI (Cont.)

- Community services and programs
 - Emergency psychiatric services
 - Group and individual psychotherapy
 - Housing services



Resources for Persons with SMI (Cont.)

- Partial hospitalization programs (PHPs)
- Guardianship
- Community outreach programs
- Substance abuse treatment



Evidence-Based Treatment Approaches

- Assertive community treatment (ACT)
- Cognitive-behavioral therapy (CBT)
- Cognitive-enhancement therapy (CET)
- Family support and partnership



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Evidence-Based Treatment Approaches (Cont.)

- Social skills training
- Supportive psychotherapy
- Vocational rehabilitation and related services



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Other Potentially Beneficial Services or Treatment Approaches

- Advance directives
- Consumer-run programs
- Wellness and recovery action plans (WRAP)
- Technology
- Exercise



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Nursing Care of Patients with SMI

- Assessment strategies
- Nursing diagnoses (Table 31-1)
- Intervention strategies (Box 31-2)



Current Issues

- Mandatory outpatient treatment
- Criminal offenses and incarceration
- Transinstitutionalization

Serious mental illnesses in jails



In state prisons, prevalence of serious mental illness is 2 to 4 times higher than in the community. 7

Audience Response Questions

1. James Holmes was the shooter at the Batman premiere in Aurora, Colorado, in 2012. Do you think this incident contributes to the stigma of mental illness in our society?

- A. Yes
- B. No
- C. Not sure

Audience Response Questions

2. The focus of the clubhouse model of treatment is
- A. stabilizing and preventing crises.
 - B. conducting research studies in the community.
 - C. providing socialization and building independence.
 - D. intensive treatment of severe and persistent mental illness.

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Audience Response Questions

3. Can we, as a society, conclude that the deinstitutionalization movement related to care of persons with serious mental illness was successful?
- A. Yes
 - B. Partially
 - C. No
 - D. Not sure

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