


## Feeding, Eating, and Elimination Disorders

Robert M. Millay RN, MSN Ed  
Napa Valley College Psychiatric Technician Program



Copyright © 2014, 2010, 2006 by Saunders, an imprint of Elsevier Inc.

---

---

---

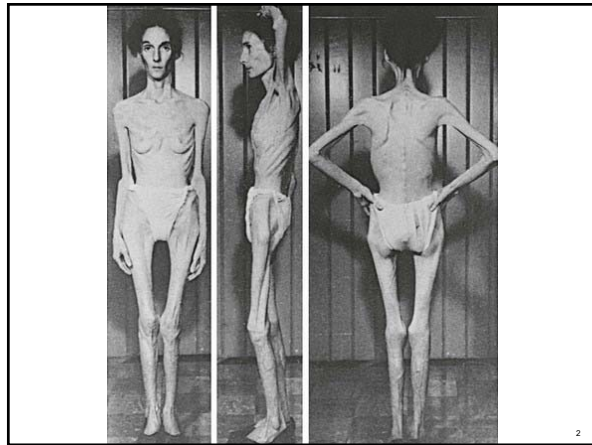
---

---

---

---

---




---

---

---

---

---





---

---

---

### Clinical Picture

- Anorexia nervosa
- Bulimia nervosa
- Binge eating disorder

Copyright © 2014, of Elsevier Inc. 3

---

---

---

---

---

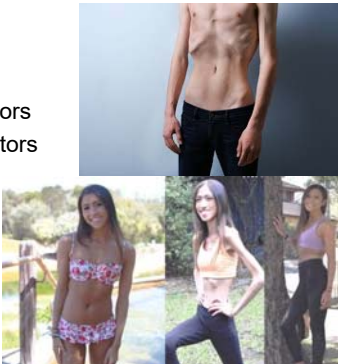
---

---

---

### Etiology

- Biological factors
  - Genetics
  - Neurobiological
- Psychological factors
- Environmental factors
- Other Risk factors



---

---

---

---

---


---

---

---

### Anorexia Nervosa Nursing Process

- Assessment
  - General assessment
  - Self assessment
- Nursing diagnosis
- Outcomes identification
- Planning
  - Refeeding syndrome



---

---

---

---

---


---

---

---

### Case Study

- A 15-year-old is admitted to your unit with anorexia. You have completed your physical assessment of her.
- What are some important biopsychosocial areas to assess?



Copyright © 2014, 2010, 2008 by Saunders, an imprint of Elsevier Inc.

6

---

---

---

---

---

---

---

---

### Anorexia Nervosa Interventions

- Acute care
  - Psychosocial interventions
  - Pharmacological interventions
  - Integrative medicine
  - Health teaching and health promotion
  - Safety and teamwork



Copyright © 2014, 2010, 2006 by Saunders, an imprint of Elsevier Inc.

---

---

---

---

---

---

---

---

### Advanced Practice Interventions

- Psychotherapy
  - Individual therapy
  - Group therapy
  - Family therapy



Copyright © 2014, 2010, 2006 by Saunders, an imprint of Elsevier Inc.

8

---

---

---

---

---

---

---

---

### Bulimia Nervosa Nursing Process

- Assessment
  - General assessment
  - Self assessment
- Nursing diagnosis
- Outcomes identification
- Planning



9

---

---

---

---

---

---

---

---

### Bulimia Nervosa Interventions

- Acute care
  - Teamwork and safety
  - Pharmacological interventions
  - Counseling
  - Health teaching and health promotion
- Advanced practice interventions
  - Psychotherapy



10

---

---

---

---

---

---

---

---

### Binge Eating Nursing Process

- Assessment
  - General assessment
  - Self assessment
- Nursing diagnosis
- Outcomes identification
- Planning



11

Copyright © 2014, 2010, 2006 by Saunders, an imprint of Elsevier Inc.

---

---

---

---

---

---

---

---

### Binge Eating Interventions

- Acute care
  - Psychosocial interventions
  - Pharmacological interventions
  - Health teaching and health promotion
  - Teamwork and Safety
- Advanced practice interventions
  - Psychotherapy



12

---

---

---

---

---

---

---

---

## Feeding and Elimination Disorders

- Feeding disorders
  - Pica
  - Rumination disorder
  - Avoidant/restrictive food intake disorder
- Elimination disorders
  - Enuresis
  - Encopresis




**Eating disorders.**  
Know the first signs?








Copyright © 2014, 2010, 2006 by Saunders, an imprint of Elsevier Inc. 13

---

---

---

---

---

---

---

---


---

---

## PICA

### Types of Pica

- Amylophagia (consumption of starch and paste)
- Coprophagia (consumption of excrement)
- Geophagy (consumption of soil, clay, or chalk)
  - Consumption of dust or sand has been reported among iron deficient patients.
- Hematophagy (ingestion of blood)
- Hyalophagia (consumption of glass)
- Pagophagia (pathological consumption of ice)
- Self-cannibalism (rare condition where body parts may be consumed)
- Trichophagia (consumption of hair or wool)
- Urophagia (consumption of urine)
- Xylophagia (consumption of wood)
- Cautopyreophagia (ingestion of burnt match heads).



Copyright © 2014, 2010, 2006 by Saunders, an imprint of Elsevier Inc. 14

---

---

---

---

---

---

---

---

---

---

## Audience Response Questions

1. Hypoalbuminemia in a patient with an eating disorder would produce which assessment finding?
  - A. Lanugo
  - B. Jaundice
  - C. Amenorrhea
  - D. Peripheral edema

Copyright © 2014, 2010, 2006 by Saunders, an imprint of Elsevier Inc. 15

---

---

---

---

---

---

---

---

---

---