## Chapter 11

# Childhood and Neurodevelopmental Disorders

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### Introduction

- 75% of adults diagnosed with psychiatric disorders first diagnosed between ages 11 and 18 years
- Disruption to normal pattern of childhood development
- Difficulty diagnosing younger people
- Lack of services and premature termination of treatment



### Etiology

- Biological factors
  - ▶ Genetic
  - > Neurobiological
- Psychological factors
  - > Temperament
  - > Resilience
- Environmental factors
- Cultural



## Case Study

 A child with many "risk factors" for the development of mental illness develops normally. You hear the term resilience used. What are some characteristics this child has?



## Case Study (Cont.)

 What are some familial risk factors that appear to be related to a child's experiencing a psychiatric disorder?



# Assessing Development and Functioning

- Assessment data
- Data collection
- Mental status examination
- Developmental assessment



# General Interventions for Children and Adolescents

- Family therapy
- Group therapy
- Behavioral therapy
- Cognitive behavioral therapy
- Disruptive behavior management
- Time-out
- Quiet room



## General Interventions (Cont.)

- Play therapy
- Bibliotherapy
- Therapeutic drawing
- Music therapy
- Psychopharmacology
- Team work and safety



### **Communication Disorders**

- Speech disorders
- Language disorders



## **Learning Disorders**

- Dyslexia (reading)
- Dyscalculia (math)
- Dysgraphia (written expression)



### **Motor Disorders**

- Stereotypic movement disorder
- Tourette's disorder



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# Intellectual Development Disorder

- Deficits in
  - > Intellectual functioning
  - > Social functioning
  - $\succ$  Managing age-appropriate activities of ...



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## Autism Spectrum Disorder

- Neurobiological disability
- Developmental disability
- Appears during first 3 years of life



# Autism Spectrum Disorder: Application of the Nursing Process

- Assessment
- Diagnosis
- Outcomes Identification
- Implementation
  - > Psychosocial interventions
  - > Psychobiological interventions
- Evaluation



## Case Study (Cont.)

 If a child is diagnosed with autism, what type of treatment will be recommended?



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## Attention Deficit Hyperactivity Disorder

- Inappropriate degree of
  - > Inattention
  - > Impulsiveness
  - > Hyperactivity

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# Attention Deficit Hyperactivity Disorder (Cont.)

- Assessment
  - > Level of physical activity, attention span, talkativeness
  - > Social skills
  - > Comorbidity
- Diagnosis
- Outcomes Identification



# Attention Deficit Hyperactivity Disorder (Cont.)

- Implementation
  - > Psychosocial interventions
  - > Psychobiological interventions
    - Psychopharmacology
- Evaluation





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### Question 1

Which statement demonstrates that a parent understands the diagnosis of attention deficit hyperactivity disorder?

- A. "My child will never be able to graduate or go to college but may be able to learn a vocational skill."
- B. "My child's performance will improve in a structured setting that provides rewards for appropriate behavior."

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### Question 1 (Cont.)

C "Nothing is wrong with my child. The school hasn't provided qualified teachers and classroom settings."

D "My child is just going through a stage. This problem will go away with time."

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### **Audience Response Questions**

- 1. Which child would be most difficult to diagnose for a neurodevelopmental disorder?
  - A. 3 year old
  - B. 5 year old
  - C. 8 year old
  - D. 12 year old



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## Audience Response Questions

2. A 4-year-old frequently lashes out in anger at adults and other children. This child's style of behavior is an aspect of

A. neurobiology.B. temperament.C. resilience.D. culture.

