



FALL 2023 Flex Days, Aug. 9th and Aug. 10th

This two-day event will be held in person

DAY 1

<u>TIME</u>	<u>LOCATION</u>
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08:30 – 09:15 Meet & Greet with Morning Refreshments (Optional)	PAC Lobby
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09:30 – 10:00 President’s Welcome, Dr. Torence Powell	PAC Theater
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10:15 – 11:15 A Student Perspective, facilitated by Robin Darcangelo NVC students will share their experiences engaging with the college. Discussion topics will include choosing NVC, navigating enrollment, taking courses, and educational planning.	PAC Theater
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11:30 – 12:15 No-host Community Lunch in the Glade with Food Trucks

12:30 – 1:45

Division meetings

Arts and Humanities (ARAH)	147
Career Education & Workforce Development	831
Counseling	1633
Health Occupations	147
Kinesiology, Athletics, & Dance	603
Language and Developmental Studies (ARAH, LADS, SME)	147
Mathematics (ARAH, LADS, SME)	147
Social Sciences	838
Science and Engineering (SE)	1635

Clerical/Office Support Workgroup , Solange Kada & Kathy Yang	1731
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Kick-off meeting to create a collegial and collaborative workgroup for clerical and office support employees on campus that will continuously meet throughout the year. We will identify strengths and topics for ongoing training sessions on campus processes and guidelines in the various fundamental areas (Business & Finance, Human Resources, I.T., Facilities), as well as up-to-date job skills that will further our knowledge in handling each area’s tasks successfully.

Role and Responsibilities of ASNVC , Omar Peña & Priya Sharma	1435
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We all know that ASNVC exists on campus for our students, but do you know what the purpose of ASNVC is? Learn more about the purpose, roles, and responsibilities of ASNVC, and meet ASNVC President Priya Sharma.

02:00 – 03:00 Choose One Workshop:

Tenured Faculty Orientation to Evaluation, Christa Trujillo

838

This orientation is required for tenured faculty members going through their triennial evaluation in 2023-24 and their respective coaches. This orientation will address the evaluation process and required documentation as well as show coaches and evaluatees how to use the digital forms.

Tai Chi Yang Style Meditation in Motion, Elizabeth Reeves

Library Plaza

This session is back by popular demand! Our very own NVC student will lead a Tai Chi session “Yang Style Meditation in Motion” for flexibility, balance, and strength.

Creating Wellness with a Meditation Practice, Lisa Nussdorfer

1738

Come to this workshop to take a breath. Practice breathing techniques for quick "mindfulness breaks" in addition to guided meditation. An opportunity for a roundtable on how participants will integrate their mindfulness and meditation practice working at NVC will finish the session.

Walking Campus Tour, Cari Roughley

PAC Entrance

Join your colleagues on an informative and social campus walking tour. Beginning in front of the Performing Arts Center, we will make our way south through key locations on campus, including student services centers, academic buildings, library, and facilities. We will learn about the resources and support available to students.

Groovy Moves for Muscle and Mind Tension, Kelly McCann

601A

Enjoy easy movement using gentle yoga and other mind-body modalities to shed some of that stress! Most of the session will take place lying on the floor, so wear comfortable clothing.

Pub Choir, Dr. Christina Howell

PAC Theater

A “Pub Choir” style song learning session. Participants will come together and learn “Here Comes the Sun” by the Beatles in 3-part harmony with a live band to accompany them.

Tahitian Dance, Sheree Marcos

601B

Grab your favorite Sarong and join Sheree to get your Tahitian groove on. Basic moves will be shared and attendees will see a routine, created by Hui Tama Nui of Vallejo, CA.

Cyber Security, Daniel Vega

1435

Best practices for internet security. Tips & tricks.

03:00 – 05:00 (Optional)

Shared Governance, Dr. Janet Fulks

1731

The role of shared governance is vital to effectively operating institutions and is enshrined in California Education Code for Students, Staff, and Faculty. It is also an expected culture and practice by Accreditation. Shared governance is challenging but highly rewarding. It enables everyone to contribute, harnessing the expertise of all participants and improving institutional operations for employees while prioritizing student success, which is our mission. This session will provide the foundation for various constituency participation, ideas on how to create and strengthen participation, and evidence of the benefits of shared governance in action.

Fall Flex 2023: Day 2 (Aug. 10, 2022)
This two-day event will be held in person

<u>TIME</u>	<u>LOCATION</u>
08:15 – 08:50 Morning Refreshments with President Powell (Optional)	1731
09:00 – 10:30 Listening to Students: NVC Campus Climate and a Social Justice-Informed Response	PAC Theater
Please join us as Dr. Powell, Dr. Guerrero, Dr. Mora, and Dr. van Leeuwen Moonsammy lead a discussion of the National Assessment of Collegiate Campus Climates racial climate student survey results. The presentation will include a discussion of strategies that can be undertaken at NVC to improve the campus climate so that all our students can thrive, attain their professional goals, and advance diversity, equity, inclusion, anti-racism, and social justice in their living, learning, and working communities.	
10:45 – 11:45 Choose One Workshop:	
Setting Up Student Success With Your Bookstore , Follett Higher Education	1204
Follett Higher Education is dedicated to working with faculty in lowering the cost of course materials through on-time adoptions. Our suite of powerful online tools integrates the adoption process, the discovery of OER materials, and the creation of custom course packs all within the campus LMS. Join Follett’s NVC Bookstore team to learn how our Follett technology solutions empower instructors with the information needed to select the best available course materials while maximizing student savings and opportunities.	
New Mission, Vision, and Values for NVC , Spring 2023 Planning Workgroup	1436
NVC is in the process of developing new Mission, Vision, and Values statements. We want to hear from you! The session will include a brief review of the work conducted by the Planning Workgroup in spring 2023. The process will continue into the fall, and we invite you to come offer your ideas – specifically related to the current draft of the College Values, which include: Inclusivity – Integrity – Respect – Accountability – Growth.	
Let’s Chat about ChatGPT , Cathy Gillis	1740
In this workshop learn all about ChatGPT and other AI-generated content your students may use when submitting assignments, strategies to prevent it, how to check turnitin.com AI reports, and turn this information into a substantive and interactive learning module!	
STEM Faculty & DEI Colloquia , STEM Faculty and Dr. Patricia van Leeuwen Moonsammy	1633
During the Spring 2023 semester, some STEM faculty volunteered to participate in a Diversity, Equity, and Inclusion Colloquia. The colloquia consisted of a series of five meetings where participants engaged in tough conversations with the goals of learning about racism and identifying equitable practices. Come and participate in this important conversation as you hear fellow faculty share how their experiences have started to reshape their teaching.	

Sexual Harassment Training, Charo Albarrán 1731
 Government Code section 12950.1 is a California law that requires employers with five or more employees to provide sexual harassment and abusive conduct prevention training to non-supervisory employees every two years. This training meets the 1-hour requirement for non-supervisory employees.

11:45 – 12:30 All Campus Inaugural Lunch in the Glade: Hosted by the President's Office

12:45 – 1:45

Funding Sources, Jim Reeves & Wendy Nucho 1760
 Learn about the different funding sources for Napa Valley College.

Department Meetings	Room
Administration of Justice	1204
Anthropology	1832
Astronomy, Physics, and Engineering	1635
Biology	1435
Business, Accounting, Computer Studies	3300
Chemistry	1839
Child and Family Studies and Education	3004
Communication Studies	1630
Counseling Faculty	838
Digital Design Graphic Technology	3902
Theater Arts	137
Earth Science, Geology, Geography, & Geographic Information System	1835
Economics	1430
English	831
English Second Language	836
Ethnic Studies, Humanities, and Philosophy	830
History	1631
Hospitality, Culinary and Tourism Management	3300
Human Services and Addiction Studies	1230
Kinesiology, Athletics & Dance	603
Machine Tool Technology	3101
Mathematics	835
Modern Languages	1632
Music	142
Psychiatric Technician	814
Psychology	1633
Respiratory Care	803
Sociology	1636
Visual Arts	3706
Viticulture	3201
Welding	3104

12:45 – 02:45 (Note: workshop overlaps with other offerings)

Board Policy and Procedures, Bill McGinnis & Dr. Janet Fulks

1731

This session will discuss the important process of creating Board Policies and Administrative Procedures and how these are different in their scope, creation, and revision. We will describe the very important role of staff, faculty, and students and how constituency groups facilitate participation so that they are informed and effective in their roles. This session will deal with strategies to get to agreements and the details of using Napa Valley College's new Board Policy 2410 and Administrative Procedure 2410 to catalyze this important process for maintaining an effective institution and inspiring positive change.

02:00 – 03:00 Senate and District Meetings

Room

A) Curriculum	1637
B) Faculty Evaluation	838
C) Joint Budget & Planning	1435
D) Student Success Standards	1436
E) Faculty Business	1631
F) Professional Learning	1632
G) District Technology	831
H) DE and Educational Technology	830
I) Diversity, Equity, and Inclusion	1633
J) Scholarship	1635
K) SEM District Taskforce	1636