

WORKNC-30A: COMMUNITY HEALTH WORKERS I: BACKGROUND AND INTRODUCTION

Effective Term

Fall 2025

CC Approval

03/07/2025

AS Approval

03/13/2025

BOT Approval

03/20/2025

COCI Approval

05/22/2025

SECTION A - Course Data Elements

CB04 Credit Status

Noncredit

CB22 Noncredit Category

Short-Term Vocational

Discipline

Minimum Qualifications	And/Or
Vocational (short-term): Noncredit (Specific Degree and Professional Experience)	

Subject Code

WORKNC - Work Experience Noncredit

Course Number

30A

Department

Work Skills Noncredit (WORKNC)

Division

Career Education and Workforce Development (CEWD)

Full Course Title

Community Health Workers I: Background and Introduction

Short Title

Community Health Workers I

CB03 TOP Code

1261.00 - *Community Health Care Worker

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

C - Clearly Occupational

Rationale

Course updated due to renumbering.

SECTION B - Course Description

Catalog Course Description

This course is designed to introduce and provide background knowledge, concepts and delivery modalities used by Community Health Workers in order to prepare the student for further education or professional development. A community health worker (CHW) is a “frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served.” They serve as a link between individuals in the community with their health care system and social service delivery systems in order to advocate for the individual as well as to develop their capacity to promote their own physical, mental and emotional well-being.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Unlimited - Noncredit OR Work Experience Education

Grading Options

Pass/No Pass Only

Allow Audit

No

Requisites

SECTION D - Course Standards

Is this course variable hour?

No

Total Instructional Hours

36

Distance Education Approval

Is this course offered through Distance Education?

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

SECTION E - Course Content

Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:	
1.	Describe the field and roles of Community Health Workers.
2.	Assess a variety of issues and skills pertinent to the profession.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Describe common roles of Community Health Workers in improving health and quality of life across settings.
2.	Explain the structure of United States health and social services systems.
3.	Understand basic principles of public health, population health, and health behavior principles.
4.	Describe common types of community resources and benefit programs.
5.	Understand CHW activities as part of integrating health and social care (i.e., screening, assessment, goal setting, care coordination).

6. Understand diverse topics that are pertinent to CHW roles supporting community health.
7. Describe the influencers of health and health inequities.
8. Recognize topics that are particularly relevant for supporting older adults.
9. Identify reputable sources and trainings to learn more about key topics.

Course Content

1. Introduction to Community Health Workers
 - a. Who are Community Health Workers?
 - b. Community Health in Context
 - c. Insurance, Benefits and Resources
 - d. Community Health Worker Care Coordination Processes
2. CHW Background Knowledge Base
 - a. Health and Chronic Conditions
 - b. Medication adherence
 - c. Social Risk and Social Needs
 - d. Caregiving
 - e. Stress and Trauma
 - f. Mental Health and Substance Use
 - g. Memory loss

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Discussion	Case analysis

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
 Chat Rooms
 Discussion Boards
 E-mail Communication
 Video or Teleconferencing

Student-Initiated Online Contact Types

Chat Rooms
 Discussions
 Group Work

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Portfolios	Journal completion
Class Participation	
Projects	Site visit reports
Essays/Papers	Based on case studies

Assignments

Reading Assignments

1. Textbook
2. Current articles in newspapers, magazines, and business periodicals
3. Materials handed out in class

Writing Assignments

Students will write paragraphs, short compositions, and reports responding to videos, lectures, and case studies.

Other Assignments

Students will visit, volunteer, shadow, observe, and write summaries of their observations of community centers' programs, services, and procedures.

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

Jossey Bass

Title

Foundations for Community Health Workers

Edition/Version

2nd Edition

Year

2015

Course Codes (Admin Only)

ASSIST Update

No

CB00 State ID

CCC000639381

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

J - Workforce Preparation Enhanced Funding

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

Yes

Only Pass/No Pass

No