

PTEC-99: MENTAL DISABILITIES

Effective Term

Fall 2025

CC Approval

03/07/2025

AS Approval

03/13/2025

BOT Approval

03/20/2025

COCI Approval

05/15/2025

SECTION A - Course Data Elements

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications

And/Or

Psychiatric Technician (Any Degree and Professional Experience)

Subject Code

PTEC - Psychiatric Technician

Course Number

99

Department

Psychiatric Technician (PTEC)

Division

Health Occupations (HEOC)

Full Course Title

Mental Disabilities

Short Title

Mental Disabilities

CB03 TOP Code

1239.00 - *Psychiatric Technician

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

A - Apprenticeship

Rationale

Update Course objectives, Methods of instruction and evaluation, course text book

SECTION B - Course Description

Catalog Course Description

The last of three trimesters designed to prepare the student for licensure as a Psychiatric Technician in the State of California. This course will introduce psychological and mental health concepts as they relate to the psychiatric technician profession. The causes, prevention, and treatment of mental, emotional and behavioral disorders will be examined by providing practice in interpersonal skills, self-understanding, problem-solving, communication, and the use of rehabilitative methods in providing patient care.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade Only

Allow Audit

Yes

Requisites

Prerequisite(s)

Completion of PTEC-98 with a minimum grade of C.

Requisite Justification

Requisite Description

Course in a Sequence

Subject

PTEC

Course

98

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

- Identify problems and provide daily care skills including vital signs to assigned patient
- Demonstrate skill competencies related to specific physical illnesses
- Administer medications to assigned patients with 100% accuracy
- Accurately document care of the patient in the patient's record which is a legal document
- Discuss the pathophysiology and apply nursing interventions for a variety of physical illnesses

SECTION D - Course Standards

Is this course variable unit?

No

Units

17.00

Lecture Hours

200

Lab Hours

318

Outside of Class Hours

400

Total Contact Hours

518

Total Student Hours

918

Distance Education Approval**Is this course offered through Distance Education?**

No

SECTION E - Course Content**Student Learning Outcomes**

Upon satisfactory completion of the course, students will be able to:	
1.	Accurately perform and document basic nursing skills, basic physical and mental assessments and interventions while prioritizing patient care.
2.	Ethically advocate for patients with developmental/physical disabilities, children, adolescents, adults, and older adults, in all settings, assuring patient's rights, privacy, dignity and confidentiality.
3.	Develop leadership and supervision skills by applying leadership theories in the clinical site.
4.	Communicate effectively and clearly (written and verbally) with the populations served, community members, classmates, instructors, and the interdisciplinary team.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Discuss the role of the psychiatric technician in mental health nursing.
2.	Identify the role and responsibilities of the psychiatric technician in the care and treatment of the psychiatric disorders.
3.	Describe the past and current trends in the care and treatment of patients with mental disorders.
4.	Describe the interrelationships of the biological, psychological, physiological, cultural, and spiritual factors in the causes and treatment of mental illness.
5.	Demonstrate effective therapeutic communication techniques when interacting with patients with mental disorders.
6.	Apply the nursing process, using holism as a basis in the care of the mentally ill individual.
7.	Collaborate with the mental health team in the development of an appropriate plan of care for the suicidal client and those with thought, mood, and dissociative disorders.
8.	Utilizing the nursing process, develop and implement an appropriate plan of care for the suicidal client as well as those with thought, mood, and dissociative disorders based on the identified needs.
9.	Describe the impact of grief and loss on the mental health of the individual.
10.	Utilizing the nursing process, develop an appropriate plan of care for the client with anxiety disorder based on the identified needs.
11.	Demonstrate cultural competence in the interactions with clients and staff.
12.	Describe the impact of culture on treatment of psychiatric patients.
13.	Demonstrate the principles of therapeutic communication when interacting with clients and staff.
14.	Apply the concepts of biological, psychological, sociological, cultural, and spiritual factors that affect the client and family affected by mental disorders, violence, and/or addictive disorders to the care of the mentally disordered client.
15.	Identify the growth & development needs of the client with disorders usually diagnosed in infancy, childhood, or adolescence.
16.	Discuss the nutritional needs of the client with mental disorders.
17.	Demonstrate appropriate methods of drug administration.
18.	Maintain safe environment for those with mental disorders.
19.	Identify therapeutic modalities and their implications in the care of patients with mental disorders.
20.	Discuss the pharmacological agents used in the treatment of mental disorders.

Course Content

1. Mental Health: Legislation & History
2. Nursing Process
3. Clinical Documentation – Process & Methodology
4. Interpersonal Relationships

5. Communications: Verbal & Non-Verbal
6. Assertive Training
7. Interviewing, videotaping
8. One on One Therapy
9. Group Dynamics
10. Community Mental Health
11. Patient's Rights
12. Theory of Personality Development
13. Cultural Diversity
14. Adaptive Mechanisms/Defense Mechanisms
15. Current DSM Classifications
16. Vocabulary
17. Institutionalization
18. Therapeutic Modalities
19. Affective Disorders
20. Anxiety Disorders
21. Personality Disorders
22. Addictive Behaviors & Eating Disorders
23. Psychosexual Disorders
24. Human Sexuality
25. Forensic Nursing
26. Criminal Personality
27. Burnout
28. Pharmacology

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Activity	Subject matter relevant activities as appropriate to reinforce lecture material.
Activity	Digital/simulation activities to practice therapeutic communication skills through digital scenarios before bedside care.
Discussion	Case study discussion, scenarios, etc.
Field Experience	Clinical experience at an off-campus setting.
Lecture	Instructor relays information on a given subject
Observation and Demonstration	Instructor demonstrates a nursing skill practice - instructors assist students to practice nursing skill return demonstration - students demonstrate skill for instructor
Other	Virtual clinical experience via EVOLVE learning platform. Dynamic scenario-based learning for critical thinking and interactive skill building.

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Multiple choice. Essay. Regularly assigned assessment exams pertaining to course content.
Quizzes	Weekly quizzes assigned via an educational platform
Projects	Group, Oral presentation
Class Participation	Pre-class activities to stimulate and prepare students for class discussion
Lab Activities	Skills performance

Other	<ol style="list-style-type: none"> 1. Objective Testing: Identify the stages of the Nursing Process; Differentiate between Psychosis and Neurosis. 2. Observation of Clinical Practice: Develop a one-to-one relationship with assigned patient; Complete a Mental Health Assessment on the Assigned Patient 3. Individual Interviews and Counseling: Process recording of one-to-one sessions; Documentation Intake Interview with a new patient. 4. Consultation with Agency Personnel: Staff will give feedback to students in therapeutic modalities; Student will give report to agency personnel.
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Assignments

Reading Assignments

Preparing for Class Discussion and Application to Patient Care

Completing assignments related to various age groups requiring psychiatric care.

Journal Articles

Writing Assignments

Filling out modular objectives to prepare for class discussion and application to patient care.

Document Patient Care in Patient's Record

Process recordings in daily log

Other Assignments

Nursing Care Plans

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

Halter, M.

Title

Varcarolis' Foundations of Psychiatric-Mental Health Nursing

Edition/Version

9th

Publisher

Elsevier

Year

2022

Material Type

Other required materials/supplies

Description

Mental Disabilities Syllabus - Staff

Course Codes (Admin Only)

ASSIST Update

No

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

No

Only Pass/No Pass

No