



NURS 253 - Nursing Capstone Course Outline

Approval Date: 03/12/2020

Effective Date: 08/14/2020

SECTION A

Unique ID Number CCC000584195

Discipline(s) Nursing Science/

Division Health Occupations

Subject Area Nursing

Subject Code NURS

Course Number 253

Course Title Nursing Capstone

TOP Code/SAM Code 1230.10 - Nursing - Registered Nurse Training (RN, ASN, BSN, MSN)* / D - Possible Occupational

Rationale for adding this course to the curriculum updating title

Units 4

Cross List N/A

Typical Course Weeks 6

Total Instructional Hours

Contact Hours

Lecture 24.00

Lab 144.00

Activity 0.00

Work Experience 0.00

Outside of Class Hours 48.00

Total Contact Hours 168

Total Student Hours 216

Open Entry/Open Exit No

Maximum Enrollment 40

Grading Option Letter Grade Only

Distance Education Mode of Instruction On-Campus
Hybrid

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description During the capstone experience the last six weeks of the Associate Degree Nursing Program, the student will demonstrate collective knowledge, skills and attitudes learned to provide safe, culturally competent, evidence based professional nursing care to people of all ages in the clinical setting. Course content will focus on leadership skills and demonstration of the appropriate role of the novice RN, inclusive of age appropriate nursing care to individuals/ groups.

Schedule Description

SECTION D

Condition on Enrollment

1a. Prerequisite(s)

- NURS 252 with a minimum grade of C or better

1b. Corequisite(s): *None*

1c. Recommended: *None*

1d. Limitation on Enrollment: *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

- A. Create individualized care using the nursing process to assist individuals & groups to achieve, maintain and restore health.
- B. Critique own professional nursing practice in accordance with the ethical and legal guidelines in The Nurse Practice Act, ANA Code of Ethics, and Nurse Practice Standards.
- C. Establish effective therapeutic communication with individuals, families, groups and members of the healthcare team.
- D. Integrate knowledge of scientific nursing principles, cultural diversity, and growth and development, along with teamwork and collaboration, when practicing nursing.
- E. Manage safe and effective nursing care for a group of patients in a safe and effective manner, in collaboration with the interdisciplinary team.
- F. Generate a plan for continued personal and professional development.

2. Course Objectives: Upon completion of this course, the student will be able to:

- A. Create individualized care using the nursing process to assist individuals & groups to achieve, maintain and restore health.
- B. Critique own professional nursing practice in accordance with the ethical and legal guidelines in The Nurse Practice Act, ANA Code of Ethics, and Nurse Practice Standards.
- C. Establish effective therapeutic communication with individuals, families, groups and members of the healthcare team.
- D. Integrate knowledge of scientific nursing principles, cultural diversity, and growth and development, along with teamwork and collaboration, when practicing nursing.
- E. Manage safe and effective nursing care for a group of patients in a safe and effective manner, in collaboration with the interdisciplinary team.

F. Generate a plan for continued personal and professional development.

G.

3. Course Content

A. Students will evaluate data from their standardized exit exam from the previous course (with faculty guidance) to create a self study plan. The goal is to optimize needed remediation in the classroom environment in small groups and at home for application in the clinical setting.

B. Clinical will be cohort based and allow faculty supervision of the mentoring experience in an area of student need, and/or preference, when possible. This clinical experience provides the student nurse the opportunity to demonstrate leadership and professional nursing knowledge, skills, and attitudes in the provision safe, competent care to any and all people, in any setting, as they transition to *novice nurse*.

C. Opportunities for students to meet learning objectives for, but not limited to, leadership, professionalism, provide safe nursing care to patients of any age in a variety of settings, interpersonal communication, fundamental nursing skills and assessment, time management, and critical thinking.

D.

4. Methods of Instruction:

Activity: Activities designed to engage critical thinking within the nursing process specific to disease processes will be introduced.

Observation and Demonstration: Students will observe appropriate techniques and actions of nursing practice with subsequent demonstration of these techniques and practices in a safe manner to demonstrate subject matter competence.

Projects: Projects associated with safe nursing practices, disease processes, and/ or appropriate nursing care will be required.

Work Experience: Clinical experience in the role of novice nurse with guidance and observation of their actions by a licensed nurse/faculty.

Online Adaptation: Lecture

1. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Papers -- 1. Write medical and nursing diagnosis for assigned clinical patient. 2. Write plan of care and outcomes to be achieved for assigned clinical patients. 3. Write self evaluation and personal goals. 4. Write a professional resume.

Oral Presentation -- 1. Present a topic researched by the student to the class for experiential learning of the group as well as the individual.

Home Work -- 1. Read texts and journal articles as assigned. 2. Read on line case scenarios and self-tests.

Standardized instrument objectively measuring student knowledge -- 1. Students will be assessed for readiness for the licensing examination via the use of a standardized testing vehicle (e.g., HESI).

Student satisfaction with their educational experience -- 1. Students will be given the opportunity to assess the course and the program as a whole.

Letter Grade Only

2. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Text and research literature will be assigned consistent with course content.

B. Writing Assignments

A variety of writing assignments (e.g., research-type paper, medical note writing) will be conducted to sharpen written communication skills.

C. Other Assignments

As per course syllabus

3. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Lewis, Hertkemper, Dirksen, O'Brien, Buchner
Title: Medical Surgical Nursing Assessment & Management of clinical problems 10th
Publisher: Mosby
Date of Publication: 2017
Edition: 10th

Manual #1:

Author: Napa Valley College ADN Faculty
Title: ADN Program Student Handbook
Publisher: NVC
Date of Publication: 01-01-2018

B. Other required materials/supplies.