

NURS-154: MENTAL HEALTH NURSING CARE

Associate Science Nursing Degree Revisions

Course

- NURS-154: Mental Health Nursing Care
- NURS-155: Pediatric Nursing Care
- NURS-251: Community and Acute Medical- Surgical Nursing Care I
- NURS-252: Nursing Care of Patients With Acute Illness II
- NURS-253: Nursing Capstone

Effective Term

Fall 2025

CC Approval

12/06/2024

AS Approval

02/13/2025

BOT Approval

02/20/2025

COCI Approval

05/10/2025

SECTION A - Course Data Elements

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Nursing (Master's Degree)	Or
Nursing Science/Clinical Practice (Any Degree and Professional Experience)	

Subject Code

NURS - Nursing

Course Number

154

Department

Nursing (NURS)

Division

Health Occupations (HEOC)

Full Course Title

Mental Health Nursing Care

Short Title

Mental Health Nursing Care

CB03 TOP Code

1230.10 - *Registered Nursing

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

C - Clearly Occupational

Rationale

We are currently at 47 units and need reduction to 41 units as discussed with the BRN representative that the reduction of course hours and units is necessary in anticipation of reduction to the 16-week long semester, other factors were the title 4 possible government reductions in overall program hours, as well as the reduced numbers of students allowed in clinical site placements due to higher rate of new grad trainings and also FT faculty retirements. A lot of feedback from instructors and students about overall nursing course load which currently exceeds 36 unit minimum required by BRN.

SECTION B - Course Description**Catalog Course Description**

This course builds upon previously learned communication skills, with an emphasis on therapeutic communication, group communication, and clinical reasoning. Students will utilize their communication skills and clinical judgment while caring for individual patients with altered mentation, mental illness, or addiction whether they are in the community, group therapy, or in-patient clinical settings.

SECTION C - Conditions on Enrollment**Open Entry/Open Exit**

No

Repeatability

Not Repeatable

Grading Options

Letter Grade Only

Allow Audit

Yes

Requisites**Prerequisite(s)**

Completion of NURS-152 with a minimum grade of C.

Requisite Justification**Requisite Description**

Course in a Sequence

Subject

NURS

Course #

152

Level of Scrutiny

Requisite Established by Statute/Regulation

Explanation

BRN states courses must be completed in sequence. Either NURS 154 Mental Health or the obstetrics course (NURS153) may be completed after NURS 152.

SECTION D - Course Standards**Is this course variable unit?**

No

Units

3.50

Lecture Hours

45.00

Lab Hours

54.00

Outside of Class Hours

90

Total Contact Hours

99

Total Student Hours

189

Distance Education Approval**Is this course offered through Distance Education?**

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Hybrid	Permanent

SECTION E - Course Content**Student Learning Outcomes**

Upon satisfactory completion of the course, students will be able to:	
1.	Apply the nursing process to care for clients experiencing psychosocial alterations.
2.	Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.
3.	Utilize various models of therapeutic communication with clients, including the use of informatics.
4.	Utilize theory and evidence-based knowledge to guide nursing practice.
5.	Devise patient centered care focused on mental health in collaboration with the interdisciplinary team in a variety of settings.
6.	Display professional attitudes and values that demonstrate growth and self-development.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Apply the nursing process to care for clients experiencing psychosocial alterations.
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3.	Utilize various models of therapeutic communication with clients, including the use of informatics.
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Course Content

1. Major concepts/ topics discussed within this course will include, but is not limited to:
 - a. biological and psychosocial models of mental health / disorders
 - b. legal & ethical issues in mental health: involuntary hospitalization and interdisciplinary teamwork
 - c. continuum of care including partial hospitalization, community, wellness activities
 - d. disease process, diagnosis, and treatment for:
 - i. Depression & Suicide
 - ii. Abuse
 - iii. Bipolar disorders
 - iv. Anxiety disorders
 - v. Schizophrenia
 - vi. Chemical dependence

- vii. Acute ETOH withdrawal
- viii. Eating disorders
- e. Mental illness in specific populations: (child, adolescent, older adults) including dementia, delirium, autism
- f. Acute, chronic mental illness treatment models
- g. Psychopharmacology and relationships between medical and psychiatric disorders
- h. Violence (societal, domestic, relation to psychiatric disorders)
- i. therapeutic communication with individuals and groups.

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Activity	Small Group Work: Identifying the nursing process, professional practice, standards of care.
Directed Study	Homework assignments including case studies, exemplars, discussion questions, and assigned reading assignments.
Lab	A combination of skills lab, simulation lab, virtual simulation modules, case studies, supervised clinical rotations & online simulated documentation and practice tests.
Lecture	Lecture with time for questions and instructor interaction.
Observation and Demonstration	This is done as part of our lab hours with direct observation by instructors as a requirement for clinical hours.

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
 Discussion Boards
 E-mail Communication
 Telephone Conversations
 Video or Teleconferencing

Student-Initiated Online Contact Types

Discussions
 Group Work

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Unit exams and online NCLEX preparation standardized quizzes.
Simulation	Observation and demonstration of nursing skills and scenarios via simulation exercises will be conducted.
Class Participation	In class anonymous quizzing & class discussions.
Homework	Homework required and instructor reviews for class credit or points.
Lab Activities	Skill demonstration evaluation.

Assignments

Reading Assignments

Assigned readings from textbook in tandem with lectures and discussions.

Writing Assignments

Reflective written assignment after attending a meeting for clients with addictive behaviors. Clinical paperwork reviewing pharmacologic and other therapies for a variety of patient/client mental health conditions.

Other Assignments

Small group and in class discussions as well as small group post-conference discussions with the clinical group and instructor. Clinical assessments, development of clinical reasoning, demonstration of professional behaviors and professional as well as caring communication in the clinical setting.

SECTION F - Textbooks and Instructional Materials**Material Type**

Textbook

Author

Videbeck, L.S.

Title

Psychiatric-mental health nursing

Edition/Version

9th edition Philadelphia

Publisher

Wolters Kluwer

Year

2023

Rationale

Part of the 2-year Lippincott Package that includes Virtual Simulation and online quizzing. Integrates fully with Canvas.

ISBN #

Online Part of the 2-year Lippincott Package

Course Codes (Admin Only)**ASSIST Update**

No

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

No

Only Pass/No Pass

No