

NURS-152: THE ROLE OF THE NURSE IN HEALTH & WELLNESS, CHRONIC ILLNESS AND GERIATRIC CARE

Nursing Program 2025

Course

- NURS-152: The Role of the Nurse in Health & Wellness, Chronic Illness and Geriatric Care
- NURS-251: Community and Acute Medical- Surgical Nursing Care I
- NURS-252: Nursing Care of Patients With Acute Illness II
- NURS-253: Nursing Capstone

Effective Term

Fall 2025

CC Approval

10/04/2024

AS Approval

10/24/2024

BOT Approval

11/21/2024

COCI Approval

05/15/2025

SECTION A - Course Data Elements

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Nursing (Master's Degree)	Or
Nursing Science/Clinical Practice (Any Degree and Professional Experience)	

Subject Code

NURS - Nursing

Course Number

152

Department

Nursing (NURS)

Division

Health Occupations (HEOC)

Full Course Title

The Role of the Nurse in Health & Wellness, Chronic Illness and Geriatric Care

Short Title

Role of Nurse in H&W

CB03 TOP Code

1230.10 - *Registered Nursing

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

C - Clearly Occupational

Rationale

According to the BRN we have more units than required and more hours than most programs and we need to reduce our overall hours and units and they are also considering the difficulty in student placements, faculty shortages, nursing shortages, and the ramifications of Title IX in regards to unit limitations. We also have struggled getting the clinical hours met based on clinical site availability and faculty limitations. The BRN recommends 8-10 student to instructor ratios for clinical depending on the clinical experience. Many of the clinical sites have reduced maximum student cohorts to 8 students per placement. Students and the faculty have found it challenging as at times they have to complete two 13-hour shifts per week and then lecture hours and other lab hours on top of that in order to complete the required BRN approved hours. Now we are going from an 18-week semester to a shorter 16-week cycle. And for these reasons maintaining the current number of hours is not feasible. The BRN has stated that the revisions we have made look reasonable and are in line with their requirements. Once we get them approved via the college channels, they will formally approve the entire curriculum revisions. Our revisions are primarily decreased units and slightly adjusted time frames. Last year, 3 FT faculty retired, and we only replaced two of them and we are currently on overload, so the reduction in hours would not displace any current FT tenure-track faculty positions. Our overall Nursing Course reductions will result in an overall reduction from 47 units to 41 units.

SECTION B - Course Description**Catalog Course Description**

Using the knowledge and skills gained taking pre-requisite courses and the concepts and skills learned in NURS-151 they will study the role of the nurse, the practice of nursing, and the concepts of clinical reasoning and clinical judgment. Students will participate in activities that will further their knowledge of health and wellness, as well as chronic illness, and they will be integrating these concepts to better understand the unique needs of the geriatric population and how to provide them care.

SECTION C - Conditions on Enrollment**Open Entry/Open Exit**

No

Repeatability

Not Repeatable

Grading Options

Letter Grade Only

Allow Audit

Yes

Requisites**Prerequisite(s)**

Completion of NURS-151 and COMM-124 with a minimum grade of C.

Corequisite(s)

Concurrent enrollment in or previous completion of COMM-124 with a minimum grade of C.

Requisite Justification**Requisite Description**

Course in a Sequence

Subject

NURS

Course #

151

Level of Scrutiny

Content Review

Upon entering this course, students should be able to:

Completion of NURS-151 with a minimum grade of C.

SECTION D - Course Standards

Is this course variable unit?

No

Units

5.00

Lecture Hours

54.00

Lab Hours

108.00

Outside of Class Hours

108

Total Contact Hours

162

Total Student Hours

270

Distance Education Approval

Is this course offered through Distance Education?

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Hybrid	Permanent

SECTION E - Course Content

Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:	
1.	Nursing Process: Prioritize the nursing process to promote health and wellness, provide safe care for clients with chronic health alterations, and focus on the needs of the geriatric population.
2.	Ethical and Legal Guidelines: Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.
3.	Communication: Develop basic principles of effective and therapeutic communication including use of informatics.
4.	Decision Making: Plan relevant evidence-based practice to guide basic client care.
5.	Leadership and Management: Provide safe and effective patient centered care in an organized manner.
6.	Commitment: Display professional attitudes and values that demonstrate growth and self-development.

Course Objectives

Upon satisfactory completion of the course, students will be able to:	
1.	Prioritize the nursing process to promote health and wellness, provide safe care for clients with chronic health alterations, and focus on the needs of the geriatric population.
2.	Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.
3.	Develop basic principles of effective and therapeutic communication including use of informatics.
4.	Plan relevant evidence-based practice to guide basic client care.
5.	Provide safe and effective patient centered care in an organized manner.
6.	Display professional attitudes and values that demonstrate growth and self-development.

Course Content

1. Nursing topics/threads to be introduced in this course include cultural awareness, diversity, health promotion & maintenance, management of care/ leadership, clinical reasoning and clinical judgment, growth and development/ human sexuality,

psychosocial integrity, physiologic adaptation, pharmacological & parenteral therapy, pain management, chronicity, end of life, community care for chronic illness and geriatric care.

2. Pathophysiologic Mechanisms of Disease
 - a. Fluid, electrolyte, and acid-base imbalances
 - b. Genetics and genomics
 - c. Inflammation and wound healing
 - d. Infection and HIV
3. Pre and Post Operative Nursing concepts and care, including pharmacologic intervention
4. Rehabilitative Concepts and the role of the RN
5. Health and wellness throughout the Lifespan
6. Focus on Geriatric Care/ Issues
 - a. biologic and psychosocial issues
 - b. health promotion & wellness using EBP
 - c. pharmacologic intervention
 - d. reduction of risk (falls, malnutrition, STDs)
 - e. nutrition
 - f. patient teaching
 - g. cultural awareness
 - h. caring
 - i. continuum of care including in-home support,
 - j. assisted living,
 - k. rehabilitation centers,
 - l. skilled nursing, palliative care, hospice
 - m. legal and ethical issues
 - n. end of life care

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Group Work	Small group work utilizing the nursing process and tools to develop clinical reasoning, imagination, & judgment.
Journal	Journaling to promote student learning, clinical reasoning, and self-reflection.
Lab	Clinical site with instructor supervision, skills lab, virtual simulation modules, & simulated patient care environment.
Lecture	Lecture, discussion, and small group activities.

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
 Discussion Boards
 E-mail Communication
 Telephone Conversations
 Video or Teleconferencing

Student-Initiated Online Contact Types

Discussions

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Section quizzes, math quizzes on Canvas or on paper. Standardized exams objectively measuring student knowledge.
Quizzes	Test student learning of classroom material utilizing an online format in Canvas or other electronic resource that objectively scores student's knowledge.

Simulation	Direct observation of a Simulated patient care environment or instructor may review scores from an assigned virtual simulation delivered in an online platform.
Class Participation	Observation of participation in small group work and other in-class activities.
Homework	Instructor reviews of care plans & gives student feedback on improvement.
Lab Activities	Clinical Evaluation tool, post conference and post-simulation debriefing or if needed remediation. See annual nursing handbook for most up to date specifics on evaluation methods.

Assignments

Reading Assignments

Reading assignments from textbooks and online resources.

Writing Assignments

1. Nursing documentation - appropriately demonstrate proper writing in a patient medical record with medical terminology, formatting, and proper language.
2. Write a nursing plan of care using the Nursing Process.
3. Introduction of the clinical reasoning model tool.
4. Self-reflection through journaling

Other Assignments

Case studies & online quizzes as assigned by instructor.

SECTION F - Textbooks and Instructional Materials

Material Type

Manual

Author

Napa Valley College ADN Faculty

Title

NVC ADN Student Handbook

Publisher

NVC

Year

01-01-2018

Material Type

Textbook

Author

Honan, L.

Title

Medical-Surgical Nursing: Focus on Clinical Judgment & Lippincott CoursePoint

Edition/Version

3rd edition

Publisher

Wolters Kluwer, Lippincott

Year

2024

Rationale

Updated course materials and changed to a vendor with multiple online tools to improve student learning outcomes and clinical reasoning.

ISBN #

online part of an interactive integrated package

Material Type

Textbook

Author

Craven

Title

Craven's Fundamentals of Nursing: Lippincott CoursePoint+ Enhanced

Edition/Version

9th edition

Publisher

Wolters Kluwer

Year

2020

Rationale

Research emphasizes importance of interactive learning resources and activities and repetition of concepts threaded throughout the curriculum to promote patient safety.

ISBN #

Online Package for the 2 year nursing program

Course Codes (Admin Only)

ASSIST Update

No

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

No

Only Pass/No Pass

No