



## **NURS 151 - Nursing Fundamentals Course Outline**

**Approval Date:**

**Effective Date:** 01/16/2018

### **SECTION A**

**Unique ID Number**

**Discipline(s)** Nursing  
Nursing Science/

**Division** Health Occupations

**Subject Area** Nursing

**Subject Code** NURS

**Course Number** 151

**Course Title** Nursing Fundamentals

**TOP Code/SAM Code** 1230.10 - Nursing - Registered Nurse Training (RN, ASN, BSN, MSN)\* / -

**Rationale for adding this course to the curriculum** Course content approved by the Board of Registered Nursing, January 2017.

**Units** 4

**Cross List** N/A

**Typical Course Weeks** 6

**Total Instructional Hours**

#### **Contact Hours**

**Lecture** 36.00

**Lab** 108.00

**Activity** 0.00

**Work Experience** 0.00

**Outside of Class Hours** 72.00

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**Total Contact Hours** 144

**Total Student Hours** 216

**Open Entry/Open Exit** No

**Maximum Enrollment** 40

**Grading Option** Letter Grade Only

**Distance Education Mode of Instruction** On-Campus  
Hybrid

## SECTION B

### General Education Information:

## SECTION C

### Course Description

**Repeatability** May be repeated 0 times

**Catalog Description** The beginning in a series of courses that sets the framework for understanding and practicing the art and science of nursing which includes the nursing process, critical thinking, patient centered care, legal and ethical standards, professionalism, effective professional communication, teamwork and collaboration, evidence based practice/informatics, and the reduction of risk potential. Also included is review of basic nursing skills from the nursing prospective initially learned as a CNA, in addition to more advanced nursing skills that will be used in practice throughout the program.

**Schedule Description** This is the first course in the series of courses leading to an Associate Degree in Nursing.

## SECTION D

### Condition on Enrollment

#### 1a. Prerequisite(s)

- BIOL 218 with a minimum grade of C or better
- BIOL 219 with a minimum grade of C or better
- BIOL 220 with a minimum grade of C or better
- ENGL 120 with a minimum grade of C or better
- PSYC 125 with a minimum grade of C or better and

**1b. Corequisite(s):** *None*

#### 1c. Recommended

- CNA Certification by the California Department of Consumer Affairs is required. Equivalency can be met via appropriate licensure as determined by program director.

**1d. Limitation on Enrollment:** *None*

## SECTION E

### Course Outline Information

#### 1. Student Learning Outcomes:

- A. Nursing Process: Simulate the nursing process at an introductory level to promote health and care for stable clients with health alterations.
- B. Ethical & Legal: Identify legal and ethical standards of safe practice in the nurse-client relationship.
- C. Communication: Identify basic principles of effective and therapeutic communication including use of informatics.
- D. Decision Making: Identify relevant evidence-based practice to guide basic client care.
- E. Leadership & Management: Practice patient-centered care in a safe manner.
- F. Commitment: Identify the attitudes and values of a professional nurse.

**2. Course Objectives:** Upon completion of this course, the student will be able to:

- A. Simulate the nursing process at an introductory level to promote health and care for stable clients with health alterations.
- B. Identify legal and ethical standards of safe practice in the nurse client relationship.
- C. Identify basic principles of effective and therapeutic communication including use of informatics.
- D. Identify relevant evidence based practice to guide basic client care.

- E. Practice patient centered care in a safe manner.
- F. Identify the attitudes and values of a professional nurse.
- G.

### **3. Course Content**

- A. Program Threads introduced in this course are: nursing process, patient centered care, communication, professionalism, quality improvement, infection control, safety, reduction of risk potential, safe medication administration, team work and collaboration, informatics, basic care & comfort, and caring.
- B. Nursing Process
  - Critical thinking
  - Evidence-based practice
  - Concept of caring
  - Patient-centered care
  - Teamwork & collaboration
  - Quality improvement
  - Plan of care
  - Nursing diagnosis
- C. Professional Standards in Nursing
  - Ethics, values
  - ANA
  - Professionalism
  - Legal implications
  - Client abuse
  - Patient rights
  - Patient advocacy
  - Board of Registered Nursing, scope of practice
  - Documentation, EHR, SBAR
- D. Foundations for Nursing Practice
  - Patient safety/ risk reduction (transfers, fall prevention)
  - Infection prevention/ control (sterile technique, gloving, isolation, foley catheter insertion, dressing changes)
  - Cultural considerations (communication, nutritional preferences, death and dying, pain response, decision making, medication acceptance).
  - Patient education (health promotion/prevention, procedural, patient rights, safety measures)
  - Basic care and comfort (personal hygiene, pain control, stress & coping)
- E. Health Care Environment
  - Delivery systems
  - Health Care Team/ collaborative practice
  - Community
- F. Health Assessment/ Physical Exam
  - Body system
  - Evaluative tools available for use
  - Normal versus abnormal findings

### **4. Methods of Instruction:**

**Activity:**  
**Directed Study:**  
**Distance Education:**  
**Lab:**  
**Lecture:**  
**Observation and Demonstration:**

**5. Methods of Evaluation:** Describe the general types of evaluations for this course and provide at least two, specific examples.

**Typical classroom assessment techniques**

Exams/Tests -- Unit exams relating to text and classroom discussion and presentation.

Simulation -- Observation and demonstration of nursing scenarios via simulation exercises will be conducted.

Class Participation --

Class Work --

Home Work --

Lab Activities -- Skill demonstration evaluation

Standardized instrument objectively measuring student knowledge -- The HESI standardized nursing exam will be utilized to assess subject matter mastery.

Letter Grade Only

**6. Assignments:** State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Chapters from fundamentals textbook and other resources as assigned.

B. Writing Assignments

1. Nursing documentation - appropriately demonstrate proper writing in a patient medical record with medical terminology, formatting, and proper language.

2. Write reflective papers about a selected disease process and the proper procedures/processes in providing appropriate nursing care to the patient.

C. Other Assignments

Read and evaluate case studies related to the nursing process and/or disease process and implications of nursing care in the treatment of the disease process.

**7. Required Materials**

**A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.**

Book #1:

Author: Potter, P. A., & Perry, A. G.

Title: Fundamentals of Nursing: Concepts, Process and Practice.

Publisher: Mosby

Date of Publication: 2017

Edition: 9th

Manual #1:

Author: Napa Valley College ADN Faculty

Title: Napa Valley College ADN Student Handbook

Publisher: Napa Valley College

Date of Publication: 01-01-2018

**B. Other required materials/supplies.**