



KINE 176B - Intermediate Team Sports Course Outline

Approval Date: 02/13/2020

Effective Date: 08/14/2020

SECTION A

Unique ID Number CCC000616737

Discipline(s) Physical Education

Division Kinesiology & Athletics

Subject Area KINESIOLOGY

Subject Code KINE

Course Number 176B

Course Title Intermediate Team Sports

TOP Code/SAM Code 1270.00 - Kinesiology / E - Non-Occupational

Rationale for adding this course to the curriculum Changing subject code to KINE. Changing hours and units.

Units 1 – 1.5

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 0.00
to 0.00

Lab 0.00
to 0.00

Activity 36.00
to 54.00

Work Experience 0.00
to 0.00

Outside of Class Hours 18.00
to 27.00

Total Contact Hours 36
to 54

Total Student Hours 54
to 81

Open Entry/Open Exit No

Maximum Enrollment

Grading Option Letter Grade or P/NP

Distance Education Mode of Instruction On-Campus

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description This course is a continuation in the development of the movements and skills necessary for participation in a team oriented athletic event. Instruction also identifies rules, team concepts, scoring, etiquette, safety, and conditioning for competitive situations. The course is designed for intermediate players who have experience playing the specified sport either on a high school team or in a college class. This course is open to all students.

Schedule Description

SECTION D

Condition on Enrollment

1a. **Prerequisite(s):** *None*

1b. **Corequisite(s):** *None*

1c. **Recommended:** *None*

1d. **Limitation on Enrollment:** *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

A. Perform intermediate skills necessary to participate in the specific sport. 2. Demonstrate an intermediate understanding of the strategy of the sport.

2. Course Objectives: Upon completion of this course, the student will be able to:

A. Perform intermediate movement skills; catching, throwing, kicking, and using an implement 2. Implement rules, etiquette, safety, and conditioning in to live games 3. Explain team patterns, strategy, offensive and defensive positioning 4. Demonstrate an intermediate ability to perform the fundamental skills necessary to participate. These would include, but not be limited to, catching, throwing, kicking, using an implement, and basic movement patterns.

B.

3. Course Content

- A. All Sports (see below)
 - a. Origin and Development
 - b. Objectives of the game
 - c. Techniques and fundamental skills
 - d. Intermediate skills
 - e. Rules of play
 - f. Team Concepts
 - g. Strategy
 - h. Conditioning
 - i. Officiating
 - j. Safety *NOTE
- B. ACTIVITIES
 - a. Baseball
 - b. Basketball
 - c. Bowling
 - d. Cross Country

- e. Fencing
- f. Field Hockey
- g. Football
- h. Golf
- i. Lacrosse
- j. Racquetball
- k. Rugby
- l. Soccer
- m. Softball
- n. Swimming
- o. Tennis
- p. Volleyball
- q. Water Polo
- r. Wrestling
- s. Dance
- t.

4. Methods of Instruction:

Activity:

Discussion:

Individualized Instruction:

Lab:

Lecture:

Observation and Demonstration:

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests --

Quizzes --

Oral Presentation --

Projects --

Class Participation --

Lab Activities --

Class Performance --

Letter Grade or P/NP

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Students may be given handouts of recent noteworthy news articles.

Students may be given handouts of book excerpts as they pertain to the sport.

B. Writing Assignments

Students may be asked to write a response to a high level competitive event of the specified sport. The instructional format does require students to supplement instruction by reading the assigned text and assorted class handouts.

7. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Wissel, Hal

Title: Basketball-Steps to Success
Publisher: Human Kinetics
Date of Publication: 2012
Edition: 3rd

B. Other required materials/supplies.