

# DANS-160: DANCE APPRECIATION

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**Effective Term**

Fall 2025

**SECTION A - Course Data Elements****CB04 Credit Status**

Credit - Degree Applicable

**Discipline**

Minimum Qualifications	And/Or
Dance (Master's Degree)	

**Subject Code**

DANS - Dance

**Course Number**

160

**Department**

Dance (DANS)

**Division**

Kinesiology, Athletics & Dance (KAD)

**Full Course Title**

Dance Appreciation

**Short Title**

Dance Appreciation

**CB03 TOP Code**

1008.00 - Dance

**CB08 Basic Skills Status**

NBS - Not Basic Skills

**CB09 SAM Code**

E - Non-Occupational

**Rationale**

Align CLO to PLO

**SECTION B - Course Description****Catalog Course Description**

This course allows the student to critically analyze and appraise dance as an art form, cultural expression, physical activity, potential profession or academic pursuit (such as Anthropology of Dance). Course will discuss the varying cultural relevance of dance, the role of dance to the individual and its importance in contemporary and historical society.

**SECTION C - Conditions on Enrollment****Open Entry/Open Exit**

No

**Repeatability**

Not Repeatable

**Grading Options**

Letter Grade or Pass/No Pass

**Allow Audit**

Yes

**Requisites****SECTION D - Course Standards****Is this course variable unit?**

No

**Units**

3.00

**Lecture Hours**

54.00

**Outside of Class Hours**

108

**Total Contact Hours**

54

**Total Student Hours**

162

**Distance Education Approval****Is this course offered through Distance Education?**

Yes

**Online Delivery Methods**

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

**SECTION E - Course Content****Student Learning Outcomes**

Upon satisfactory completion of the course, students will be able to:	
1.	Discuss the historical or cultural contribution of dance to society and self.

**Course Objectives**

Upon satisfactory completion of the course, students will be able to:	
1.	Define various reasons to dance: a. dance as a physical fitness activity b. dance as art (dancer) c. dance as art (choreographer) d. dance as a profession (choreographer, dancer, critic, producer, scholar, therapist).
2.	Define dance: a. what it means to the individual, b. what it means within contemporary society compared to historic social relevance, c. varying cultural value of dance.
3.	Define elements of dance: a. participants-including audience b. choreographic elements c. staging elements and venues.
4.	Analyze choreographic content (evaluation of choreography and performance).

## Course Content

1. Investigation and discussion of the reasons humans dance.
2. Genres/styles of dance - including but not limited to all Euro-western genres and other ethnic dance forms for comparison.
3. Description/discussion of dance as an art-form.
4. Definition of dancer.
5. Definition of choreographer.
6. Definition of audience.
7. Discussion of dance professions.
8. Varying meaning of dance to individuals.
9. Varying meaning of dance within a society.
10. Varying overall perception or cultural relevance of dance.
11. Choreographic elements involved in the crafting of a dance.
12. Technical or production elements involved in staging a dance.
13. Critical analysis of dance performance.

## Methods of Instruction

### Methods of Instruction

Types	Examples of learning activities
Critique	Video viewing or live performance.
Discussion	In-class or online discussion.
Discussion	Recorded or embedded lecture.
Directed Study	Research and report of historical figure in dance or oral critique of dance performance.

### Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards  
 Chat Rooms  
 Discussion Boards  
 E-mail Communication  
 Telephone Conversations  
 Video or Teleconferencing

### Student-Initiated Online Contact Types

Chat Rooms  
 Discussions  
 Group Work

### Course design is accessible

Yes

## Methods of Evaluation

### Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Written midterm Final Exam -- written.
Quizzes	Per each subsection in course content.
Projects	Historical figure in dance.
Essays/Papers	Critiques of dance performances.
Class Participation	Discussion and notetaking.
Homework	Reading, writing, research and attending performance (a viewing of prerecorded performance can be substituted).

## Assignments

### Reading Assignments

Chapter 6 of Studying Dance on Dance and Culture.

Chapter 2 of The Art of Making Dances on Doris Humphrey's theory on the psychological relevance of the quadrants of stage space.

### Writing Assignments

Write a 2–3-page paper defining cultural dance and critically analyze if this definition challenges or supports your own ideas about dance.

Respond to the questionnaire related to Murray Lewis's article "As I See It". Include definitions for the key phrases listed in the article.

### Other Assignments

Attend a live dance performance and write a critique.

## SECTION F - Textbooks and Instructional Materials

### Material Type

Textbook

### Author

Kassing, Gayle

### Title

Discovering Dance

### Edition/Version

2nd

### Publisher

Human Kinetics

### Year

2025

### Rationale

Updated publishing date.

### ISBN #

9781718220836

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## Course Codes (Admin Only)

### ASSIST Update

No

### CB00 State ID

CCC000564142

### CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

### CB11 Course Classification Status

Y - Credit Course

### CB13 Special Class Status

N - The Course is Not an Approved Special Class

### CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

### CB24 Program Course Status

Program Applicable

### Allow Pass/No Pass

Yes

Only Pass/No Pass  
No