



DANS 138 - Modern Dance Level I Course Outline

Approval Date: 01/12/2017

Effective Date: 06/10/2017

SECTION A

Unique ID Number CCC000502861

Discipline(s) Dance

Division Kinesiology & Athletics

Subject Area Dance

Subject Code DANS

Course Number 138

Course Title Modern Dance Level I

TOP Code/SAM Code 1008.00 - Dance, General / E - Non-Occupational

Rationale for adding this course to the curriculum CLO update

Units 1 – 1.5

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 0.00
to 0.00

Lab 0.00
to 0.00

Activity 36.00
to 54.00

Work Experience 0.00
to 0.00

Outside of Class Hours 18.00
to 27.00

Total Contact Hours 36
to 54

Total Student Hours 54
to 81

Open Entry/Open Exit No

Maximum Enrollment 25

Grading Option Letter Grade or P/NP

Distance Education Mode of Instruction

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description Modern Dance is a creative movement class with an emphasis on rhythmic movements, isolated movements, free expression and improvisation. This course will introduce the elemental concepts (space, time, force). Emphasis on alignment, conditioning, elementary and traditional technique.

Schedule Description

SECTION D

Condition on Enrollment

1a. Prerequisite(s): *None*

1b. Corequisite(s): *None*

1c. Recommended: *None*

1d. Limitation on Enrollment: *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

- A. Demonstrate knowledge of dance technique to safely participate in dance activity/genre.
- B. Demonstrate knowledge of dance technique to safely participate in dance activity/genre.
- C. Value the psychological and sociological concepts that apply to dance genre.
- D. Apply knowledge of health and wellness to develop and informed, personal approach to mental and physical health.

2. Course Objectives: Upon completion of this course, the student will be able to:

- A. Demonstrate conditioning exercises safely.
- B. Perform basic non-locomotor modern dance techniques and identify these skills in dance terminology.
- C. Utilize fundamental principles and concepts of efficient body movement.
- D. Perform fundamental locomotor rhythmic patterns and combinations.
- E.

3. Course Content

I. Historical origins of Modern dance in America

II. Dance Techniques for:

- A. Body Alignment
- B. Flexibility with control
- C. Control of the center of the body for stability, balance and agility.

III. Variation in dynamics and level / directional movement patterns

- A. Elementary locomotor sequences include but are not limited to:

- a. walk
 - b. run
 - c. skip
 - d. turn
 - e. floor level movement (crawl, roll, slide)
- B. Elementary axial movement includes but is not limited to:
- a. isolations
 - b. foot articulation
 - c. balance
- C. Elementary concept of Space includes but is not limited to:
- a. direction
 - b. level
- D. Elementary concept of Shape includes but is not limited to:
- a. individual, group
 - b. symmetrical or asymmetrical
- E. Elementary concept of Force or Quality or Time includes but is not limited to:
- a. percussive
 - b. sustained
 - c. pendular
 - d. stillness
 - E. congruence or dissonance with accompanying music

4. Methods of Instruction:

Activity: 1. technique 2. dance combination

Critique: 1.self 2. peer 3. instructor

Discussion: 1.technique 2. history

Lecture: 1. technique 2. vocabulary 3. history

Visiting Lecturers: 1. prominent choreographer 2. specific technique

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests -- Written tests:Example:Short EssayDescribe the origins of the modern dance movement and identify the key innovators.

Class Participation -- Written tests:Example:Short EssayDescribe the origins of the modern dance movement and identify the key innovators.

Home Work -- 1. research 2. rehearse technique or combinations

Final Class Performance -- 1. specific technique 2. all dance combinations

Letter Grade or P/NP

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

1. Chapter 4: "The Next Generation" in Joshua Legg's text.

Student required to read "Phoenix of Modern Dance". (Article as handout.)

B. Writing Assignments

Written self-analysis after watching a recording of in-class performance.

Written response to handout / article. (example included as attachment).

C. Other Assignments

Live or taped modern dance performance.

7. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Legg, Joshua

Title: Introduction to Modern Dance Techniques

Publisher: Princeton Book Company, Publishers

Date of Publication: 2011

Edition: 1

B. Other required materials/supplies.