



ADS 134 - Co-occurring Disorders in Addiction Studies Course Outline

Approval Date: 04/11/2019

Effective Date: 08/12/2019

SECTION A

Unique ID Number CCC000525416

Discipline(s) Counseling

Division Counseling

Subject Area Addiction Studies

Subject Code ADS

Course Number 134

Course Title Co-occurring Disorders in Addiction Studies

TOP Code/SAM Code 2104.40 - Substance Abuse/Addiction Counseling* /
C - Occupational

Rationale for adding this course to the curriculum Change subject code COUN to ADS

Units 3

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 54.00

Lab 0.00

Activity 0.00

Work Experience 0.00

Outside of Class Hours 108.00

Total Contact Hours 54

Total Student Hours 162

Open Entry/Open Exit No

Maximum Enrollment

Grading Option Letter Grade Only

Distance Education Mode of Instruction On-Campus

Hybrid

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description A review of the major concepts, definitions, and features of co-occurring mental health disorders associated with addiction. Recognition of co-occurring disorders and the appropriate scope of practice are emphasized, including cultural sensitivity when working with issues of addiction. Common types of mental health issues associated with addiction, an overview of appropriate treatment and management approaches, the relationship between mental health and substance use facilities will be examined.

Schedule Description A review of the major concepts, definitions, and features of co-occurring mental health disorders associated with addiction. Recognition of co-occurring disorders and the appropriate scope of practice are emphasized, including cultural sensitivity when working with issues of addiction. Common types of mental health issues associated with addiction, an overview of appropriate treatment and management approaches, the relationship between mental health and substance use facilities will be examined.

SECTION D

Condition on Enrollment

1a. **Prerequisite(s):** *None*

1b. **Corequisite(s):** *None*

1c. **Recommended:** *None*

1d. **Limitation on Enrollment:** *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

- A. Students will be able to identify primary characteristics of substance use, psychological and medical disorders.
- B. Students will be able to implement the various treatment modalities needed when they are co-occurring in individuals seeking treatment from alcohol and drug addiction.
- C. Students will be able to apply the professional ethics to substance use treatment work scenarios.

2. Course Objectives: Upon completion of this course, the student will be able to:

- A. Analyze the various theories of co-occurring disorders and how their symptoms mimic a variety of medical, psychological, and substance use disorders.
- B. Identify and define the differences between substance use and mental health service providers, and the implications of the separation of services for persons with co-occurring disorders.
- C. Compare and contrast between existing major treatment modalities for substance use disorders and commonly utilized treatment approaches for mental health disorders.
- D. Define the multidimensional levels of diversity in the dual diagnosis field.
- E. Utilize and apply the Diagnostic Statistical Manual V to substance use disorders and understand the differences of diagnosing for psychiatric disorders.
- F. Analyze the family roles and dynamics when working with a person with co-occurring disorders.
- G. Analyze the professional ethics in the field of co-occurring disorders, including professional boundaries, dual relationships, counter-transference and co-dependency.
- H.

3. Course Content

- A. Overview and theories of the co-occurring disorders

- a. Substance use disorders
- b. Behavioral and process addictions
- c. Medical disorders often paired with substance use
- d. Psychological disorders
- e. Biopsychosocial model of addiction
- f. Mimic effect of medical, psychological and substance use symptoms
- B. Substance abuse and mental health providers
 - a. Service providers in substance use treatment
 - b. Service providers in mental health and medical fields
 - c. Implications of the separation of services for persons with co-occurring disorders and the need for coordinated, integrated services
 - d. Intake and assessment interviews when working with persons with co-occurring disorders
 - e. Referrals to appropriate care and follow-up services
- C. Treatment approaches and effective strategies in co-existing disorders
 - a. Mood disorders
 - b. Anxiety
 - c. Adjustment disorders
 - d. Post traumatic stress disorder
 - e. Unresolved issues of childhood abuse
 - f. Eating disorders
 - g. Common treatment approaches for substance use issues
 - h. Alcohol use
 - i. Prescription drugs use
 - j. Other drug use
 - k. Common medications used for treatment integrated treatment approaches
- D. Diversity issues when working with co-occurring disorders
 - a. Cultural and ethnic differences and treatment options
 - b. Age, gender and sexual orientation
 - c. Range of cognitive and physical abilities including traumatic brain disorder
 - d. Working with adolescents and children
 - e. Working with the geriatric population
 - f. Criminal justice populations
- E. Diagnostic Statistical Manual V uses
 - a. Basic understanding of the descriptions of psychiatric disorders in the DSM V in order to determine when referral is appropriate
 - b. Identifying substance use disorders in the DSM V
 - c. Understanding multi-axial diagnosis when working with co-occurring disorders
- F. Family Dynamics in co-occurring disorders
 - a. Overview of basic concepts of chemically dependent family systems theory
 - b. Overview of the intergenerational nature of family dynamics in addiction
 - c. Provide psycho-educational resources for families who have a member with co-occurring disorders
- G. Professional ethics and issues in co-occurring disorders
 - a. Professional boundaries and dual relationships
 - b. Scope of practice and appropriate referrals for psychiatric and health needs
 - c. Dual relationships
 - d. Counter-transference
 - e. Co-dependency
 - f. Confidentiality - 42-CFR & HIPA laws
 - g. Common problems and dilemmas in co-occurring disorders

- h. Working with minors
- i.

4. Methods of Instruction:

Discussion:

Lecture:

Other: Lecture, discussion, group work, scenarios, and case review. 1. Lecture on the theories of co-occurring disorders of persons with substance use and mental illness. 2. Discussion of the common medical disorders found in the substance use population. 3. Group work to discuss the legal and ethical issues in co-occurring disorders and treatment of these disorders. 4. Scenarios and case reviews to identify various co-existing disorders such as anxiety and post traumatic stress.

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

- Exams/Tests --
- Quizzes --
- Papers --
- Oral Presentation --
- Group Projects --
- Class Participation --
- Class Work --
- Home Work --
- Final Exam --

Additional assessment information:

Grades will be based upon:

A final, a midterm, quizzes, writing exercises, and observation and evaluation of case studies of co-occurring disorders.

For example:

1. A written report of student and instructor observations of case vignettes on the common characteristics and treatment modalities of co-occurring disorders.

2. A multiple choice or short answer quiz of reading of a chapter on Professional ethics from the textbook and supplemental readings. Students will prepare for the quiz by working in small groups to review the assigned chapter and develop a study guide with the main points of the chapter.

Letter Grade Only

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Selected readings from the textbook, periodicals or the library collection covering theory and applications working with co-occurring disorders.

For Example:

1. Read a chapter from the book on theories of co-occurring disorders. In small groups, discuss the strengths of each theory. Develop a chart for studying the various theories, outlining their strengths, applications, typical symptoms observed by each theory.
2. Read the chapter on diversity issues when working with co-occurring disorders. Define the cultural and ethnic differences when working with these disorders. Identify

other differences observed when working with people from different age or gender backgrounds.

B. Writing Assignments

Written essays, papers and journal entries on issues related to co-occurring disorders in substance use.

For example:

1. Research and write a 5-page paper on how a specific cognitive or physical limitation (such as ADHD) affects a person addicted to drugs or alcohol. Define the physical or cognitive limitation with supporting research, and provide examples of symptoms and behaviors observed in clients with these limitations and/or special abilities. Describe the treatment steps needed to address these co-occurring disorders.

2. In a short essay, write the common treatment strategies for persons with mood disorders who also struggle with an addiction. What professionals would you need to work with or refer to in order to develop an effective treatment plan?

C. Other Assignments

Journal writing and practice of techniques through case studies and vignettes.

Examples:

1. Utilizing journals, students will reflect in writing on the vignettes and case studies discussed in class or observed through DVD presentations. The instructor will give written prompts, such as, "What were the most common symptoms observed in the client?"

2. Practicing the techniques of resolving ethical issues in the workplace, students will practice a case scenario of a violation of the code of ethics regarding dual relationships.

7. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: American Psychiatric Association
Title: Diagnosis and Statistical Manual of Mental Disorders DSM-5 Fifth Edition (Text Revision)
Publisher: American Psychiatric Association
Date of Publication: 2013
Edition: 5th

Book #2:

Author: Hendrickson, Edward
Title: Designing, Implementing, and Managing Treatment Services for Individuals with Co-Occurring Mental Health and Substance Use Disorders: Blueprints for Action (ebook)
Publisher: Routledge Publishers
Date of Publication: 2013
Edition: 2nd

Book #3:

Author: Klott, Jongsman, Ekelberry
Title: The Co-Occurring Disorders Treatment Planner, with DSM-5 Updates

Publisher: Wiley Publishers

Date of
Publication: 2015

Edition:

Book #4:

Author: Myers, Peter & Salt, Norman

Title: Becoming an Addictions Counselor: A Comprehensive Text

Publisher: Jones & Bartlett Publishers

Date of
Publication: 2013

Edition: 3rd

Book #5:

Author: Charles Atkins, MD

Title: Co-Occurring Disorders: Integrated Assessment and Treatment of
Substance Use and Mental Disorders

Publisher: PESI Publishing & Media

Date of
Publication: 2014

Edition:

Book #6:

Author: Geert Dom and Franz Moggi

Title: Co-Occurring Addictive and Psychiatric Disorders Practice-Based
Handbook from a European Perspective

Publisher: Springer, Berlin, Heidelberg

Date of
Publication: 2015

Edition:

B. Other required materials/supplies.