

October

2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	01	02	03	04	05
		Foodshed Cowboy Steak Rice Bowls	Mothers Tacos Carne Asada Taco Kits			
06	07	08	09	10	11	12
Foodshed Pesto Chicken Pasta w/ Bread	Sushi Monkey Chicken Teriyaki w/ Steamed Rice	Mothers Tacos Pollo Asado Rice Bowls	Earths Bounty Spagetti w/ Marinara and Garlic Bread			
13	14	15	16	17	18	19
Sushi Monkey Chicken Yakisoba Noodles	Foodshed Balsamic Pork w/ Potatos and Bread	Heritage Eats Cowboy Steak Rice Bowls	Earths Bounty Taco Bowls			
20	21	22	23	24	25	26
Foodshed Sausage w/ Mashed Potatoes and Bread	Sushi Monkey Broccoli Beef w/ Steamed Rice	Mothers Tacos Carne Asada Rice Bowls	Earths Bounty Spagetti w/ Marinara and Garlic Bread			
27	28	29	30	31	01	02
Sushi Monkey Chicken Teriyaki w/ Steamed Rice	Foodshed BBQ Chicken, Red Rice, Veggies and Bread	Heritage Eats Carnitas Pork Rice Bowls	Earths Bounty Taco Bowls			
03	04	Notes:				

