Narrative Speech Assignment:
“‘I was at My Best Presentation’

Instructions:

1. Tell us about a time in your life when you were at your best either at work or working with a group. You should select a situation where you were at “at your best,” not necessarily when you “were the best.” This might be when you worked on a project, with a certain boss, specific type of job, organization, club, etc.

2. Sit down at the computer or write a “stream of consciousness” of your story as if you were telling it to your best friend for the first time. Perhaps you could write a letter to a family member or friend. The manuscript is to help you internalize the structure of your story but will not be used during the actual presentation.

3. When giving this presentation you are to actually adopt the persona of a storyteller and to tell about your experience narratively. In other words, tell your story, do not just describe what happened.

4. The last line in your presentation must be …”and it was at that moment, I knew that I was at my best.”

Time Length: 2 minutes

Points:
SPCOM 124
Summer 2011

"At Your Best" Narrative Speech

Time ______________________

Name _____________________________ Grade _____/____

Presentation:

_____ Spoke extemporaneously (referred to notes, read minimally or not at all).
_____ Introduction gained attention and invited audience into your perspective.
_____ Main points clear and effective in constructing story or conveying your perspective.
_____ Clearly expressed actions, thoughts, behavior, experience that supported your point of being “At Your Best”.
_____ Organizational pattern served your presentation.
_____ Conclusion captured the essence of your presentation.
_____ Conclusion was memorable.

Delivery:

_____ No distracting fillers (um’s/like/yeah/and so/”ticks”, etc.)
_____ Confident and prepared
_____ Used space effectively (clear view, inviting to audience, etc.)
_____ Maintained an invitational frame.
_____ Vocalics: Variety of emotion, tone, rate of delivery (Excellent, Good, Fair, Needs Work)
_____ Volume (Excellent, Good, Needs Work)
_____ Eye contact (Excellent, Good, Fair, Needs Work)
_____ Gestures (Strong, Good, Fair, Needs Work, None, Inappropriate)
_____ Body language (movement, posture Excellent, Good, Fair, Needs Work)