An Associate Degree in Psychology at NVC Will Help You to Achieve and Improve:

- Knowledge of psychology
- Critical thinking and analytical skills
- Communication and presentation skills
- Information gathering and synthesis skills
- Research methodology and statistical skills
- Interpersonal and intrapersonal skills
- Computer literacy

For further information, please contact:

Dr. Jeff Wachsmuth
(707) 259-8912
jwachsmuth@napavalley.edu

Jennifer Carlin, MA, LMFT
(707) 259-6000
jcarlin@napavalley.edu

2277 Napa-Vallejo Highway
Napa, CA 94558
www.napavalley.edu
What is Psychology?

Psychology, rooted in both philosophy and science, is the empirical study of behavior, emotion and mental processes. Studying psychology provides a level of education and training that helps students succeed in a variety of careers and other graduate opportunities. The Princeton Review has issued a report stating that psychology is the second most popular major among undergraduate students and stated: “Within the field, psychologists seek to educate, communicate and resolve many of the problems surrounding human behavior.”

A psychology degree is also a solid base from which many students launch advanced education. Psychology has the highest rate of post-graduation and professional education of any of the social sciences with more than 50% of graduates eventually going on to get advanced degrees in psychology, law, business administration or other professions (CNN).

The Associate of Arts degree with a major in psychology can be obtained by completing a total of 60 units, including the 18 to 19-unit major, general education and graduation requirements. The 18 to 19-unit major is composed of 6 units from the required courses PLUS 12-13 units from the list of additional courses below.

Required Courses
6 units total
- MATH 232 Statistics (3 units)
- PSYC 120 General Psychology (3 units)

Additional Courses
Choose four courses from the following, for a total of 12-13 additional units:
- BIOL 110 Survey of Biology (4 units) OR BIOL 120 General Biology (4 units)
- PSYC 123 Social Psychology (3 units)
- PSYC 125 Human Development (3 units)
- PSYC 126 Abnormal Psychology (3 units)
- PSYC 128 Cross-cultural Psychology (3 units)
- PSYC 135 Human Sexuality (3 units)
- PSYC 175 Theories of Personality (3 units)

What Can I Do With A Degree in Psychology?
The College Majors Handbook lists the top 10 occupations that employ persons with a degree in psychology:
1. Business managers and executives
2. Sales
3. Social work
4. Other management fields
5. Personnel, training and labor-relations
6. Other administrative
7. Insurance, securities and real estate
8. Marketing
9. Nurses, pharmacists, therapists and physician’s assistants
10. Accountants, auditors and financial specialists