Key Points of Contact

Student Affairs Division

**Oscar De Haro**  
Assistant Superintendent/Vice-President, Student Affairs  
Phone: 707-256-7365  
Email: [ODeharo@napavalley.edu](mailto:ODeharo@napavalley.edu)

**Martha Navarro**  
Executive Assistant to the Assistant Superintendent/VP of Student Affairs  
Phone: 707-256-7363  
Email: [MNavarro@napavalley.edu](mailto:MNavarro@napavalley.edu)

Website: [www.napavalley.edu/studentaffairs](http://www.napavalley.edu/studentaffairs)
Student Affairs Vision Statement

“Student Affairs provides support and services that engage and empower students to achieve success.”

The Office of Student Affairs (OSA) serves students, faculty, administrators, classified professionals, and the public.

Office Staff:  
Oscar De Haro  
Assistant Superintendent/Vice President, Student Affairs  
odeharo@napavalley.edu

Martha Navarro  
Administrative Assistant  
Student Affairs  
mnavarro@napavalley.edu

Abigail Bedolla  
Student Worker  
( Oscar, Martha and Abigail are bilingual in English and Spanish.)

Location:  
Student Services 1 Building, Room 1330

Main Functions:

- **Discipline:** The vice president administers the student code of conduct and helps instructors, offices, students, and the College Police deal with disruptive and dangerous student behavior.

- **Student Complaints and Grievances:** The vice president and the administrative assistant assist students who have complaints and help them if they choose to file grievances.

- **Commencement:** The office is responsible for staging the college’s commencement ceremony, with the invaluable assistance of Admissions and Records, Associated Students of Napa Valley College (ASNVC), Facilities, Media Services, Institutional Advancement and Printing Services.

- **Coordination of Noncredit Student Success and Support Program** (SSSP; formerly known as Matriculation): The vice president serves as the noncredit matriculation coordinator and works closely with the Associate Dean of the Upper Valley Campus on noncredit related activities. The noncredit program helps primarily ESL students who want to further their education through credit classes.

- **Leadership:** The vice president provides leadership and administrative guidance of assigned student services, guiding resources to provide high-quality, personalized services for students. The vice president also oversees training sessions, involving all student services personnel.

- **Planning:** Through participation on a wide variety of campus committees, the vice president helps establish plans and policies that guide college development and operations. He also participates on the district negotiations team.

- **Other Support for Students:** The vice president and the office staff support students in a variety of ways to help them reach their educational objectives, including writing scholarship and admissions support letters, reviewing appeals to petitions, and processing forms.

- **Committees:** The office provides planning and support for several campus committees, including Student Affairs Council (SAC), Student Success and Support Program (SSSP) Committee, and Outreach Committee. In addition, the vice president serves on other important committees on campus which impact budget, planning, bond issues, facilities, enrollment management and negotiations.

- **General:** Like all student affairs offices, the office provides students, employees, and the public information about the college, student services, and solutions to issues that arise.

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Student Affairs Outcome (SAO) – Sept. 23, 2016

“Student Affairs welcomes you! We will listen to your need and work to resolve it. Student Affairs will deliver exceptional Customer Service by providing you with reliable resources and timely information.”
## Admissions and Records

Bldg. 1300 North Lobby  256-7201
Admission, registration and student record information; help with student petitions (including graduation), high school enrollments, transcript requests, international student assistance, and student enrollment verification.

## ASNV/Counseling Center

Bldg. 1300, Room 1339A  256-7220
Counseling Center provides placement testing into English, math, and ESL classes; accommodations for test administration to students with disabilities; make-up exams, GED testing, distance ed proctoring and tutoring services.

## ASNV/Transfer Center

Bldg. 1300, Room 1335  256-7333
Transfer advising and counseling; web access to 4-yr. college information and appointments with university representatives; workshops on transfer-related topics; visits to neighboring universities; annual fall Transfer Day and annual spring Transfer Celebration.

## ASNV/Veterans Resource Center

Bldg. 1300, Room 1330  256-7360
Assistance with problem resolution, complaints, grievances; information on graduation ceremony; general information about student services.

## ASNV/Writing Center

Bldg. 1300, Room 1333  256-7350
A Federalally funded grant program providing academic, retention, transfer and graduation support for first-generation and low-income students and students with disabilities. Services include advising, tutoring, academic tours, transfer information, financial literacy and scholarship assistance.

## Bookstore

Bldg. 900, Room 932  256-7480
Textbooks, classroom supplies, study guides, reference books, t-shirts, and snacks.

## Business/Cashier Office

Bldg. 1500, Room 1542  256-7188
Payment for registration, associated student fees, parking permits/fines, lab fees, and purchase of ASNV cards.

## Career Center

Bldg. 1300, Room 1335  256-7327
Career and general counseling for undecided students; job services for students seeking full- and part-time work off campus, assistance with computerized career tools, a career library and a job board; www.myinterface.com/napa-valley/student-career-center.html

## Child Development Center

Bldg. 3000  256-7040
Early childhood care and education for children ages 2 months to 5 years old. Two programs available: a state subsidized program for low-income NVC student families, and a full tuition Community Preschool program open to faculty, staff, and the general community.

## College Police Department

Bldg. 2250  256-7770
Assistance for victims of crime or violence; lost and found items; parking information and citation appeals; campus emergencies (dial 511 from campus phones).

## Counseling Center

Bldg. 1300, Room 1339A  256-7220
Assists students with educational planning and in the achievement of educational goals; certificate, degree, transfer, and graduation requirements; information on new student Assessment and Orientation requirements; college success strategies, support services and short term personal counseling.

## Disability Support Programs and Services

Bldg. 1700, Room 1766E  256-7220
Services for students with psychological, physical, and learning disabilities; academic support, program planning & accommodations.

## Educational Talent Search —TRIO

Bldg. 1100, Room 1133  256-7390
Pre-college academic support program for first-generation and low-income middle school and high school students; services include academic counseling, financial aid and scholarship application assistance, essential skills workshops, tutoring, and college visits.

## Financial Aid/EOPS/CalWORKs/Veterans

Bldg. 1100, Room 1132  256-7300
Financial aid information, applications, grants, loans, work study, scholarships, emergency loans, support and counseling for EOPS, CARE, CalVCRKs students and veterans.

## Instruction Office

Bldg. 1500, Room 1531  256-7150
Credit by exam forms, independent study agreements; help with problems relating to instruction.

## Learning Services (LS)

Bldg. 1700, Room 1766, 2nd fl.  256-7444
Assessment services to identify learning disabilities and determine accommodations to support student success in the college environment.

## Math Center

Bldg. 800, Room 839  256-7635
Student tutoring for all levels of community college mathematics, on a drop-in basis. Hours for tutors are posted.

## McCarthy Library

Bldg. 1700, 1st fl  256-7418
Books, periodicals, reserves, DVDs, videos, CDs, student computers, wireless internet access, educational technology, online databases and services, interlibrary loan system, reference assistance, media assisted instruction and support.

## MESA/STEM Center

Bldg. 1800, Room 1805 basement  256-7282
MESA/HSI-STEM Center is a learning community that offers students transferable academic courses, academic internship placement; and computer lab for MESA/STEM students (including viticulture/computer science); tutoring, mentoring, supplemental instruction; bilingual counseling.

## McCarthy Library

Bldg. 1700, Room 1766  256-7418
Books, periodicals, reserves, DVDs, videos, CDs, student computers, wireless internet access, educational technology, online databases and services, interlibrary loan system, reference assistance, media assisted instruction and support.

## Project RISE

Bldg. 2200  256-7725
Project RISE works to transition new incoming students to Napa Valley College, as well as support projects across campus that promote retention and success.

## Scheduling Office

Bldg. 1500, Room 1532  256-7151
Schedule information; www.napa-valley.edu/webadvisor

## Student Health Center

Bldg. 2250  256-7780
Free to students: diagnosis and treatment of illnesses, first aid, TB, birth control, pregnancy testing, STD screening and treatment; and mental health services (supported by the Student Health Fee).

## Student Support Services—TRIO

Bldg. 1300, Room 1333  256-7350
Provides placement testing into English, math and ESL classes; accommodations for test administration to students with disabilities; make-up exams, GED testing, distance ed proctoring and tutoring services.

## UMOJA

Bldg. 800, Room 862-865  256-7494
Academic and scholarship support; leadership development; college visitations; statewide and national student organization membership; web access to college success strategies, support services and short term personal counseling.

## UMOJA

Bldg. 800, Rm 862-865  256-7494
UMOJA serves as a learning community that offers students transferable academic courses, academic internship placement; and computer lab for MESA/STEM students (including viticulture/computer science); tutoring, mentoring, supplemental instruction; bilingual counseling. UMOJA means unity.

## Welcome Center

Bldg. 1300 North Lobby  256-7215
General college information and Student Ambassador assistance with the admissions process for both new and returning students; Web Advisor guidance and referrals to appropriate student support services.

## Writing Center

Bldg. 800, Room 832  256-7640
.5 unit class (Engl 84) to improve writing; 30 minute appointments for students not enrolled in Engl 84 available for feedback on essays or other writing assignments.

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Rev. 1/18/18
Hay dos programas disponibles: un programa subsidiado por el estado para familias de estudiantes de bajos ingresos de NVC, y un programa comunitario preescolar de paga. Abierto a profesores, personal, y la comunidad general.

**Programas de Apoyo y Servicios para Incapacidades**

Programa RISE

El Proyecto RISE ayuda a estudiantes de bajos ingresos de NVC a trascender de la universidad. Ofrece orientación y asesoría para estudiantes de bajos ingresos de NVC, así como asesoría para estudiantes que deseen transferirse a universidades de nivel superior.

**Centro de Recursos para Veteranos**

El Centro de Recursos para Veteranos ofrece servicios de orientación, recursos y apoyo para estudiantes de NVC que han sido o están en el servicio militar. Proporciona asesoramiento y orientación para estudiantes de NVC sobre sus derechos y beneficios, así como recursos para adquirir habilidades de liderazgo y formación académica.

**Servicios de Aprendizaje**

Ayuda con la resolución de problemas y quejas; información sobre la ceremonia de graduación; e información general acerca de servicios para los estudiantes.

**Departamento de Policía y Seguridad**

Provee exámenes de evaluación para la inscripción en clases de inglés, matemáticas e inglés como segundo idioma. Proporciona ayuda con apelaciones de infracciones de tránsito; emergencias en el campus (llame al 511).

**Proyecto RISE**

El Proyecto RISE ayuda a estudiantes de bajos ingresos de NVC a trascender de la universidad. Ofrece orientación y asesoría para estudiantes de bajos ingresos de NVC, así como asesoría para estudiantes que deseen transferirse a universidades de nivel superior.

**Biblioteca McCarthy**

El centro de Matemáticas, localizado frente al Centro de Escritura, ofrece servicio de tutoría a estudiantes de matemáticas a nivel de colegio sin una cita previa. Horarios de tutores están anunciados en el centro.

**Servicios de salud**

UMOJA: UMOJA es una comunidad de aprendizaje que ofrece servicios para estudiantes de NVC, incluyendo apoyo académico y apoyo tutorial. El colectivo ofrece recursos, apoyo y orientación para estudiantes de NVC.

**Proyecto RISE**

El Proyecto RISE ayuda a estudiantes de bajos ingresos de NVC a trascender de la universidad. Ofrece orientación y asesoría para estudiantes de bajos ingresos de NVC, así como asesoría para estudiantes que deseen transferirse a universidades de nivel superior.

**Oficina de Salud para Alumnos**

El Centro de Salud para Alumnos ofrece atención médica para estudiantes. Proporciona diagnóstico y tratamiento de enfermedades, primera asistencia, pruebas de embarazo, examen y tratamiento de enfermedades transmitidas sexualmente, y servicios psicológicos. Se requiere un pago mínimo por servicios.

**Educational Talent Search—TRIO**

Educational Talent Search (TRIO) ofrece asesoramiento académico y orientación para estudiantes de NVC, incluyendo la selección de programas y servicios, y orientación para estudiantes de NVC.

**Revista**

Rev. 1/18/18

**www.npv.edu/webadvisor**
Key Points of Contact

Disability Support Programs & Services (DSPS)

Sheryl Fernandez
Coordinator/Counselor
Phone: 707-256-7234
Email: SFernandez@napavalley.edu

Tyler Downie
Counselor
Phone: 707-256-7231
Email: Tyler.Downie@napavalley.edu

Jan Schardt
Student Accommodations Specialist
Phone: 707-256-7412
Email: JShchardt@napavalley.edu

Sandy Barros
Student Support Specialist
Phone: 707-256-7447
Email: SBarros@napavalley.edu

Jason Bell
Instructional Assistant
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Email: JBell@napavalley.edu

Farrel Dobbins
Secretary
Phone: 707-256-7448
Email: Farrel.Dobbins@napavalley.edu
Our Mission

Our mission is to provide assistance and support to students with verified disabilities to equalize their opportunities to successfully access Napa Valley College’s programs and services, including instructional programs, student services and extracurricular activities. Napa Valley College operates an integrated program and services model to maximize and simplify students’ opportunities for success.

What is a Disability?

- Persons covered have a physical or mental impairment that affects one or more major life activities
- Have a history of such an impairment
- Are regarded as having such an impairment

Examples of Major Life Activities: Walking, Seeing, Hearing, Speaking, Learning

Disability Categories

- Physical
- Deaf and Hard of Hearing
- Blind and Low Vision
- Learning Disability
- Acquired Brain Injury
- Attention-Deficit Disorder (Hyperactivity)
- Intellectual Disability
- Autism Spectrum
- Mental Health Disability

Counseling

DSPS provides counseling services for all students with disabilities. Counseling is located in Building 1300. Students can make an appointment with the DSPS counselor by calling 707-256-7220.

McCarthy Library, Room 1766  707-256-7345  www.napavalley.edu/dsps
Getting Services
To receive services through DSPS:

- Complete the five enrollment steps for Napa Valley College www.napavalley.edu*
- Meet with DSPS certificated staff for an intake appointment
- Sign a Release of Information form
- Provide documentation of a disability which results in an educational limitation
- Engage in the interactive process to determine academic accommodations and develop an Academic Accommodation Plan (AAP)
- Read Students Rights and Responsibilities

*Note, students needing testing accommodations for NVC placement assessment should meet with DSPS certificated staff BEFORE taking the assessment test.

Accommodations/Academic Adjustments
Academic adjustments are determined through the interactive process with certificated staff. Ongoing communication with DSPS staff during the time students attend Napa Valley College is important to student success. Academic adjustments must be requested every semester and is the responsibility of the student. Most academic adjustments can be requested online through the DSPS webpage or by submitting the appropriate request form to room 1769.

Documentation
To ensure students are provided appropriate services and academic adjustments, DSPS certificated staff need verification of the disability. If possible, obtain records of a disability through IEP’s, 504 Plans, assessment results and/or doctor or other professional documentation. DSPS certificated staff will use this documentation during the interactive process to assist in determining educational limitations and establish academic adjustments, auxiliary aids service/instruction to ensure equal access.

Learning Services
The Learning Services (LS) Department serves the educational needs of students who are experiencing difficulty with learning, including those students with learning disabilities. NVC students may refer themselves for diagnostic evaluation. Information from this testing is used by Learning Disability Specialists to determine academic adjustments that may support students in being successful in the college environment.

Additional LS Services may Include:
- Learning disability assessment and interpretation
- Specialized tutoring
- Educational Assistance Classes
- Referral to programs and support services

To contact Learning Services, call 707-256-7442.

Alternate Media
The Alternate Media Department provides tools to give students with disabilities an alternative approach to achieving success. Instruction is provided in the use of assistive technology for eligible students.

Resources include:
- Electronic text (e-text)
- Assistive software
- Recording devices
- Information technology access

To contact Alternate Media, call 707-256-7453.
LEARNING SERVICES

Providing assistance and support to NVC students with learning differences

Learning Services (LS) is a program within the Disability Support Programs and Services (DSPS) that is designed to provide students with verified learning disabilities the support needed to be successful in their college classes and ensure that they have equal access to all of the educational offerings at Napa Valley College.

As a college student with a documented disability, you have the right to "reasonable accommodations based upon your educational limitations" under Title 5 of the California Education Code and Section 504 of the Rehabilitation Act of 1973. Provisions of the law state that "No otherwise qualified person with a disability in the United States shall, solely by reason of disability, be denied the benefits of, be excluded from participation in, or be subject to discrimination under any program or activity receiving federal financial assistance."

Our Mission

Our mission is to provide assistance and support to student with verified disabilities to equalize their opportunities to successfully access Napa Valley College’s programs and services, including instructional programs, student services and extracurricular activities. Napa Valley College operates an integrated program and services model to maximize and simplify students’ opportunities for success.

What is a Learning Disability?

A learning disability (LD) is defined as a persistent condition of presumed neurological dysfunction which may exist with other disabling conditions. The dysfunction is not explained by lack of educational opportunity, lack of proficiency in the language of instruction, or other non-neurological factors, and this dysfunction limits the student's ability to access the educational process. To be categorized as a student with a learning disability, a student must meet the following criteria through psycho-educational assessment verified by a qualified specialist certified to assess learning disabilities:

(a) Average to above-average intellectual ability; and
(b) Statistically significant processing deficit(s); and/or
(c) Statistically significant aptitude-achievement discrepancies. (Title V)

The Learning Services (LS) Department serves the educational needs of students who are experiencing difficulties learning, including those with learning disabilities.

**LS Services include:**
- Diagnostic testing
- Learning Skills courses in Math and English
- Accommodations, which may include:
  - priority registration
  - extended time and distraction-reduced setting on exams
  - note-taking software
  - calculator on exams
  - computer/spell checker on exams
  - exam reader or scribe
  - assistive technology training
  - specialized tutoring
  - and more

For more information or to make an appointment with Learning Services, call **707.256.7442**. or stop by Room 1766, upstairs in the Library.

**Receive LS Services by following one of these checklists:**

**NEW Students:**
- WITH prior documentation
  - bring documentation (IEP) to our office
  - schedule an appointment with an LD specialist to review documentation and receive accommodations
- WITHOUT prior documentation
  - call/visit our office to learn more about the LD assessment process
  - schedule an appointment with an LD specialist and pick up an Intake Packet
  - bring completed Intake Packet back at scheduled appointment
  - our LD Specialist may or may not recommend continuing with LD testing
  - if recommended, complete LD testing process
  - provided testing results meet criteria for eligibility, accommodations will be assigned
  - remember to request accommodations every semester

**RETURNING Students:**
- Submit request forms every semester in order to receive accommodations.

All forms can be downloaded from our Forms & Handouts page on our website, www.napavalley.edu/DSPS. Hardcopies are located outside our office, Room 1766.

McCarthy Library, Room 1766  
707-256-7442  
www.napavalley.edu/DSPS
What is Educational Talent Search?

Educational Talent Search (ETS) is a federally funded pre-college TRIO program designed to provide academic support to students in grades 6th through 12th from designated schools within the Napa Valley Unified School District. The ETS Program’s primary objective is to assist students in graduating from high school and to successfully transition into a post-secondary educational institution.

ETS students will benefit from the following program services:

- Essential skills workshops on topics such as college awareness, study skills, career planning and academic success.
- Academic Counseling.
- College, financial aid and scholarship application assistance.
- Assistance through tutorial sessions.
- Fieldtrips to college campuses, universities and cultural events.

Who qualifies for the program?

Students from the following schools may apply to the ETS Program; however, recruitment is primarily conducted at the 6th grade level. Other applicants will be considered based on the student’s academic standing and space availability.

Harvest Middle School
Redwood Middle School
Silverado Middle School
Napa High School
Vintage High School

- Applicants must be US Citizens or Permanent Residents with a valid Social Security Number.
- Two-thirds of the applicants selected must meet income guidelines and be potential first-generation college students.
- One-third of the applicants do not have to meet this requirement, but must have need of our services.
What are the program’s goals?

The primary ETS goal is to assist students in graduating from high school and enrolling in a post-secondary educational institution.

We recommend the following minimum grade point averages to help students be prepared for college:

- 6th - 8th grade: 2.75
- 9th - 12th grade: 3.00

What are the program requirements?

ETS students will be required to:

- Continuously maintain a minimum of 2.5 GPA and pass all classes.
- Mandatory tutoring is required for students receiving grades of D/F.
- Enroll in appropriate college preparatory classes.
- Participate in ETS workshops, activities and events.
- Take the required college admissions tests (such as SAT and ACT).
- Apply for financial aid via the Free Application for Federal Student Aid (FAFSA).
- High school seniors are required to apply and enroll in a college or university, and need to provide a copy of enrollment verification to the ETS Program.

ETS Program Staff

Director
Ramon Salceda

Program Assistant
Ana Salcedo Garibay

Program Assistant
Lilianna Vega

Secretary
Maria Vazquez

VISIT OUR WEBPAGE
http://www.napavalley.edu/ets

LIKE US ON FACEBOOK
Educational Talent Search at Napa Valley College
# Key Points of Contact List

## MESA/STEM

### Mathematics, Engineering, Science Achievement (MESA)

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Luis Alcazar</td>
<td>Associate Dean, MESA/STEM</td>
<td>707-256-7285</td>
<td><a href="mailto:Luis.Alcazar@napavalley.edu">Luis.Alcazar@napavalley.edu</a></td>
<td><a href="http://www.napavalley.edu/MESA">www.napavalley.edu/MESA</a></td>
</tr>
<tr>
<td>Indra Flores</td>
<td>Office Assistant</td>
<td>707-256-7280</td>
<td><a href="mailto:IFlores@napavalley.edu">IFlores@napavalley.edu</a></td>
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</tbody>
</table>

### STEM Counseling & Academic Advising

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>Patricia Posada</td>
<td>STEM, Project Rise, HSI Counselor</td>
<td>707-256-7287</td>
<td><a href="mailto:PPosada@napavalley.edu">PPosada@napavalley.edu</a></td>
</tr>
<tr>
<td>Rene Rubio</td>
<td>MESA Student Services Specialist</td>
<td>707-256-7281</td>
<td><a href="mailto:RRubio@napavalley.edu">RRubio@napavalley.edu</a></td>
</tr>
</tbody>
</table>
MESA Community College Program

The MESA Community College Program supports students to successfully transfer to four-year universities in science, technology, engineering and math (STEM) majors. This support is especially crucial to students who are economically and educationally disadvantage or come from low-performing high schools. The MESA Community College Program is a partnership between MESA and the California Community Colleges Chancellor’s Office. MESA serves 125+ students per academic year. Since 2002, 414 MESA students from NVC have transferred to a four-year college/university.

Main components include:

- **Academic advising/counseling.** Students receive individualized academic guidance and develop multi-year plans so they can take courses in the most effective sequence and transfer in a timely manner.
- **STEM Student Center.** This dedicated multipurpose space is the hub for study, workshops, computer labs, tutorial services, special activities and information sharing. It is a key element in building a close learning community.
- **Assistance in the transfer process.** MESA provides counseling, workshops and visits to four-year universities.
- **Academic excellence workshops and Supplemental Instruction.** Students are scheduled in the same core math and science classes and taught how to successfully master complex technical ideas and principles through a collaborative approach.
- **Orientation workshop.** New students learn skills to excel as math, science and engineering majors.
- **Career development.** Students learn specifics about various engineering majors and job experiences. Industry mentors, job shadowing opportunities, career fairs, internships, scholarships and field trips to companies are also offered.
- **Links with student and professional organizations.** These resources provide mentors, guest speakers and tours of companies.
- **Professional development.** Through workshops and mock job fairs, students learn soft skills, corporate culture, resume writing and interviewing skills.
- **Industry Advisory partnerships.** Local boards offer valuable connections between students and industry leaders. Corporate representatives, including MESA alumni, participate on boards and provide scholarships, strategic planning, summer internships, field trips, scholarships, employment opportunities and other resources.

Program Achievements

- US Department of Transportation: Dwight David Eisenhower Transportation Fellowship Program 2009—Present
- MESA assists students with applying to Research Experiences for Undergrads on/off campus with 229 paid research/internships from 2004 thru Spring 2017
- Participant of MESA CCCP/National Science Foundation Grant
- Hispanic Serving Institution Science Technology Engineering and Math (HSI STEM) and Articulation grant
• Co-facilitation for the NSF sponsored 2nd & 3rd Basic and Advanced Science and Technology Academics of Research Symposium, UCLA ant CSU-Sacramento
• A former Member of the Biology Transfer Consortium (BTC) & the Environmental Leadership Pathway Program (ELP) at U.C. Berkeley
• Napa Valley College Foundation Scholarship, since 2002 has awarded 427 MESA participants a total of 824 scholarships!
• Total transferred between Fall 2002 thru Spring 2017: 414
• 900+ hours of free math, science, and engineering tutoring offered to all NVC STEM students each year
• Partnership with Touro University, Kaiser Permanente, UC Davis, Sonoma State University and DeepTok (Research Experiences for Undergrads, Professional Development and Mentorship opportunities)
• Links with student STEM clubs/chapters and professional organizations. These resources provide mentors, guest speakers and tours of companies; Society of Hispanic Professional Engineers (SHPE), Women In STEM Empowerment (WISE), Robotics & The Discovery (Chemistry) Dreamers of Community Change (DOCC), and Collegiate Aerospace, Astronomy, and Physics Society (CAAPS) clubs

For more information, see our website or contact our staff:

Phone: (707) 256-7280
Email: rrubio@napavalley.edu
www.napavalley.edu/MESA
Student Health Center Services

Our experienced and caring staff provides FREE MEDICAL & PSYCHOLOGICAL SERVICES to all eligible students. Our medical services are provided by a Nurse Practitioner, and our psychological services by a licensed Marriage Family Counselor.

Psychological Services

Our licensed MFT (Marriage Family Therapist) supports students in coping with life stressors that affect their academic goals. Some of the many issues which can be explored include relationship difficulties, anxiety, depression, grief and loss and gender identity.

Medical/Health Promotion Services

- Treatment of urgent illness & injury such as sprains, cuts, bronchitis, urinary tract infections
- Reproductive Health, including Emergency Contraception (morning after pill)
- Selected over-the-counter and prescription medications dispensed free on-site, examples include some antibiotics, cold remedies, topical creams, emergency asthma inhalers
- Testing for pregnancy, HIV, Strep, anemia
- Physical Exams for school, work, sports
- TB skin testing
- Smoking Cessation
- Health Education & Information
- Blood Pressure Checks
- Referrals to low-cost community resources
- Telephone consultation with nurse practitioner: symptoms or general health questions
- Condoms

Need Birth Control, but no Health Insurance?

Low income students who don’t have health insurance – or don’t want to use their parents’ health insurance, are usually eligible for FamilyPACT, a California insurance program. It supplies free birth control medication and devices, Pap Smears, and STI testing. It takes only minutes for us to sign you up for FamilyPACT. We provide on-site birth control pills, Plan B, Depo Shots, condoms, and long acting-implants (Nexplanon). All students seeking family planning help are carefully counseled on their options and the pros and cons of each method.
Immunizations

We provide the following immunizations:

- Hepatitis B Vaccine
- Flu Vaccine

We do charge for these vaccines, and our rates are generally much lower than available at pharmacies. Please call us for current rates.

Outside Lab Tests, X-rays, and Prescriptions for Outside Pharmacies

The nurse practitioner can order tests and medications, but the patient, or their insurance company must pay for tests and medications provided by outside labs and pharmacy.

How to access services

For an appointment, or to get phone advice from the Nurse Practitioner, call us at (707) 256-7780 or drop in to the Health Center, which is in Bldg. 2250, behind the Life Sciences Building.

Students who pay the student health fee are entitled to FREE ONCAMPUS health care at the Student Health Center. All information provided to the Student Health Center is kept CONFIDENTIAL. Students have the right to privacy and this will be respected at the Student Health Center.

MEET OUR STAFF

Jazmin De La Cruz
Medical Assistant/
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Why a Learning Community?

Pronounced Ooo-moe-juh (a Kiswahili word meaning unity) is a community and critical resource dedicated to enhancing the cultural and educational experiences of African American and other students. The Umoja Learning Community seeks to educate the whole student—Mind, Body, and Spirit. We believe that when the voices and histories of African American students are deliberately and intentionally recognized, it will help students experience themselves as valuable and worthy of an education.

The Umoja Program

The Umoja Program is a culturally responsive approach to reaching students and providing an environment to Survive and Thrive. This program specifically targets the retention, persistence, and success of African-American students. Exclusive, it is not. Students from a diverse, wide-range of varied backgrounds are participants in the program. The overall goal is to help students progress toward their success.

Why Such a Program?

Research has revealed that mentoring relationships, along with intentional and deliberate focus on successful strategies, help to increase positive outcomes for historically under-represented populations. Course completion and academic success in college for African-Americans are amongst the lowest of students attending California colleges. The program objective is to promote the success of students who statistically have the most need in the state of California.

UMOJA Program offers...

Courses in Counseling and Speech Communications

Cultural Trips

Tutoring

The UMOJA Program offers students with a sense of individual identity, community, and the ability to access the power of their heritage.

Facilitate personal goals and educational plans with skills needed to graduate and transfer to four-year universities.

Facilitate and encourage persistence through an early alert program, mid-term evaluation and counseling.

Provide a vital support network within NVC and the community.

Provide interaction with positive, professional role models and introduce opportunities for understanding the pre-requisites for educational & professional fields.

Opportunity to engage in "porch talk"—open dialogue—with other students with common goals and career objectives
**UMOJA Program Learning Outcomes**

1. Acquire academic skills, self-management, self-discipline and understanding of the matriculation process through the college experience.

2. Acquire a keener sense of self-awareness by demonstrating an understanding of African-American history and culture and their relationship to them through cultural activities and discussion.

3. Acquire communication skills to create confidence.

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**Contact UMOJA Staff!**

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