

Chapter 29

Sexual Assault

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Sexual Assault and Sexual Violence

- Unwanted sexual advances and sexual harassment
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Rape

- Nonconsensual activity
- Any penetration of the vagina or anus...
- Second most violent crime (FBI, 2008)

Sexual assault is any sexual contact without consent.

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## Epidemiology

- 1 in 5 women and 1 in 71 men in the US...
- Race and ethnicity



**Every 98 seconds,**  
an American is sexually assaulted.

RAINN National Sexual Assault Hotline (800) 656-HOPE [online.rainn.org] Please visit [rainn.org/statistics/sexual-violence](http://rainn.org/statistics/sexual-violence) for full citation.<sup>1</sup>

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## Sexual Offenders and Relationships with Victims

- Spousal (or marital) rape
- Acquaintance (or date) rape



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## Perpetrators of Sexual Violence Often Know the Victim



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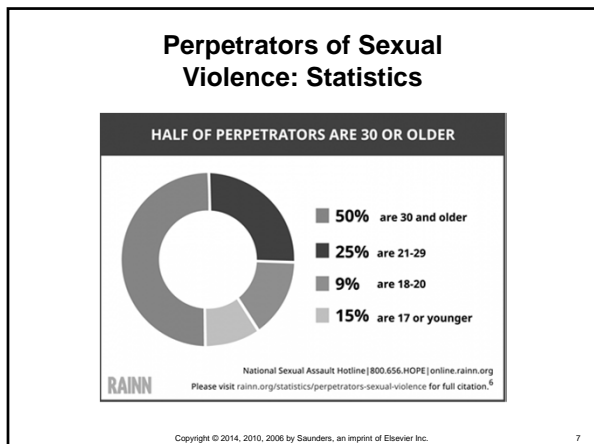
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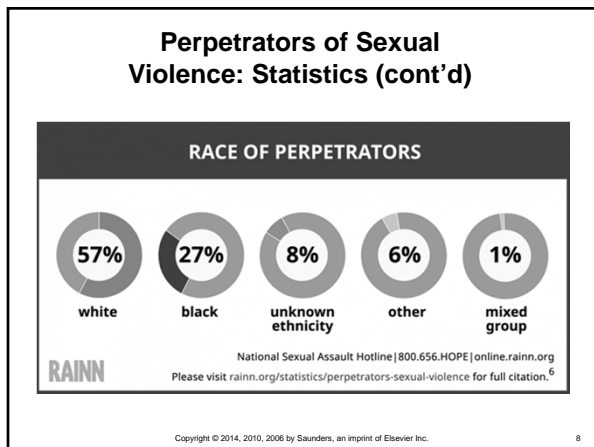
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### Clinical Picture

- Acute stress disorder
- Posttraumatic stress disorder (PTSD)

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### Psychological Effects of Sexual Assault

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### Effects of Incest

- Incest victims may experience
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### Specialized Sexual Assault Services

- Sexual Assault Nurse Examiners (SANEs)
  - RNs with specialized training in...
  - Demonstrated competency in conducting...
  - Ability to be an expert witness in court
- Sexual assault response team (SART)



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### Case Study

- A woman who has been raped comes to the ED.
- What information should be obtained during the medical exam?



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### Application of the Nursing Process

- General assessment
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- Self assessment



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### Case Study (Cont.)

- What would be some appropriate questions to ask the patient to determine her coping mechanisms?



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### Best Practice Guidelines

- Examination involves five steps

- 1.
- 2.
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- 4.
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### Case Study (Cont.)

- What areas should the nurse include in the assessment?



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### Nursing Process (Cont.)

- Diagnosis
  - Rape-trauma syndrome
- Outcomes identification
  - Absence of any residual symptoms after the trauma



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### Nursing Process (Cont.)

- Interventions
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  - 3
- Advanced practice intervention
  - Psychotherapy



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### Evaluation

Sexual assault survivors are considered to be recovered if they are relatively free of...



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