

ANGER, AGGRESSION, AND VIOLENCE

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Anger and Aggression

- ▣ Anger
 - An emotional response to
 - 1.
 - 2.
 - 3.
- ▣ Aggression
 - Action or behavior that results in...

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Epidemiology

- ▣ In the hospital, violence is most frequent in
 - 1
 - 2
 - 3

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Comorbidities

- ☐ Posttraumatic stress disorder (PTSD)
- ☐ Substance abuse disorders
- ☐ Coexists with
 - 1
 - 2
 - 3
 - 4

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Etiology

- ☐ Biological factors
 - 1
 - 2
 - 3
- ☐ Psychological factors
 - Behavioral theory –
 - Social learning theory –

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Application of the Nursing Process

- ☐ Assessment
 - General assessment
 - Trauma-informed care
 - Self assessment

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An adult with paranoia becomes agitated and threatens to assault a staff person. Select the best initial nursing intervention.

- A. Tell the patient, "If you do not calm down, seclusion will be needed."
- B. Address the patient with simple directions and a calming voice.
- C. Help the patient focus by rubbing the patient's shoulders.
- D. Offer the patient a dose of antipsychotic medication.
- E. Reorient the patient to the time and place.

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Case Study

- A new nurse asks a coworker which patients are most likely to become aggressive or angry.
- What are some risk factors that may predict violent behavior?

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Nursing Process (Cont.)

- Nursing diagnoses
 - Ineffective coping
 - Stress overload
 - Risk for self-directed violence
 - Risk for other-directed violence

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Nursing Process (Cont.)

- ▣ Outcomes identification
- ▣ Implementation
 - Psychosocial interventions
 - Considerations for staff safety
 - Pharmacological interventions

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Case Study (Cont.)

- ▣ What are some ways this new nurse can keep himself or herself safe while working?

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Nursing Process (Cont.)

- ▣ Implementation (cont' d)
 - Health teaching and health promotion
 - Case management
 - Teamwork and safety
 - 1.
 - 2.

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Seclusion or Restraints

- ☐ Seclusion
 -
- ☐ Restraints

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Guidelines for Use of Mechanical Restraints

- ☐ Indications for use
- ☐ Legal requirements
- ☐ Documentation
- ☐ Clinical assessments
- ☐ Observation
- ☐ Release procedure
- ☐ Restraint tips

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Case Study (Cont.)

- ☐ A patient becomes violent and must be placed in restraints.
- ☐ What questions need to be asked after this incident?

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Intervening in Different Settings

- ▣ Patients in general hospital settings
- ▣ Overwhelmed patients
- ▣ Patients with marginal coping skills
- ▣ Patients in inpatient psychiatric settings
- ▣ Patients with cognitive deficits

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Audience Response Questions

1. A violent patient is restrained. What is the nurse's first priority?

A. Debrief the patient
B. Ensure the patient's safety
C. Administer a sedating medication
D. Obtain an order from the health care provider

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Audience Response Questions

2. Which patient behavior is a criterion for mechanical restraint?

A. Screaming profanities
B. Assaulting a staff person
C. Refusing a medication dose
D. Throwing a pillow at another patient

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