

## CHAPTER 22

### Substance Related/ Addictive Disorders



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### Substances That Lead to Use Disorders

- Alcohol
- Caffeine
- Cannabis
- Hallucinogen
- Inhalant
- Opioid
- Sedative-hypnotic
- Stimulant
- Tobacco



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Other: Process addiction  
- Gambling

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### Concepts Central to Addictive Use Disorders

- Addiction
- Intoxication
- Tolerance
- Withdrawal



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## Epidemiology

- ☐ Alcohol
- ☐ Other substances

**>90%**  
 BEGAN  
 SMOKING,  
 DRINKING OR  
 USING OTHER  
 DRUGS BEFORE  
 AGE 18



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## Comorbidity

- ☐ Psychiatric comorbidity
- ☐ Medical comorbidity



**addiction**  
 drug  
 problem

### Negative Effects of Substance Abuse



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## Case Study

- ☐ A patient who was admitted to your psych unit has been diagnosed with both major depressive disorder and substance abuse.
- ☐ What are some shared risk factors for these two diagnoses?



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## Etiology

- ▣ Neurobiological factors
- ▣ Psychological factors
- ▣ Sociocultural factors



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## Case Study (cont' d)

- ▣ What are some negative consequences this patient may experience because of his or her substance abuse?



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## Application of the Nursing Process

Assessment:

- ▣ Screening (SBIRT)
- ▣ 1. CAGE-AID
- ▣ 2. Family assessment
- ▣ 3. Codependence
- ▣ Self assessment



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## Nursing Process (cont' d)

- ☐ Nursing diagnosis
- ☐ Outcomes identification
- ☐ Planning
- ☐ 1. Identifying problem
- ☐ 2. Setting a goal
- ☐ 3. Determining the interventions...



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## Case Study (cont' d)

- ☐ The patient is getting ready to be discharged.
- ☐ For the substance abuse treatment plan to be successful, what factors should be considered?



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## Nursing Process (cont' d)

- ☐ Care continuum for substance abuse:
- ☐ Detoxification (detox)
- ☐ Rehabilitation
- ☐ Halfway houses
- ☐ Other housing
- ☐ Partial hospitalization
- ☐ Intensive outpatient (IOP) treatment
- ☐ Outpatient treatment



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## Nursing Process (cont' d)

- Implementation
  - Brief interventions
    - F
    - R
    - A
    - M
    - E
    - S

October Is  
National Substance Abuse  
Prevention Month  
Early intervention and education work.



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## Nursing Process (cont' d)

Counseling (Transtheoretical Model of Care)  
Relapse prevention  
Psychobiological interventions  
Pharmacological  
Health teaching and health promotion  
Evaluation

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## Case Study (cont' d)

- The patient is being discharged with a prescription for disulfiram (Antabuse).
- What patient teaching about this medication should the nurse provide?



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## Nursing Process (cont' d)

☐ Alcoholics Anonymous

- 1. Al-Anon= mutual support
- 2. Alateen
- 3. Nar-Anon
- 4. SMART Recovery
- 5. Gamblers Anonymous
- 6. Sex and Love Addicts Anonymous
- 7. Moderation Management (MM)
- NIH (additional info link)



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