



COUN 97 - Managing the College Experience Course Outline

Approval Date:

Effective Date: 05/31/2016

SECTION A

Unique ID Number CCC000502858

Discipline(s) Counseling

Division Counseling

Subject Area Counseling

Subject Code COUN

Course Number 97

Course Title Managing the College Experience

TOP Code/SAM Code 4930.10 - Job-Seeking/Changing Skills / E - Non-Occupational

Rationale for adding this course to the curriculum Updating the course description to clarify the general and open nature of the course. Updating textbooks.

Units 0.5

Cross List *N/A*

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 9.00

Lab 0.00

Activity 0.00

Work Experience 0.00

Outside of Class Hours 18.00

Total Contact Hours 9.00

Total Student Hours 27

Open Entry/Open Exit No

Maximum Enrollment

Grading Option Letter Grade or P/NP

Distance Education Mode of Instruction

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description This is a short term course to help first year students determine their academic strengths and weaknesses and develop skills and strategies for a successful college experience. Students will be introduced to transfer options, learn strategies to manage time, resources, and basic college study skills and to cope with the transitions related to college life.

Schedule Description

SECTION D

Condition on Enrollment

1a. **Prerequisite(s):** *None*

1b. **Corequisite(s):** *None*

1c. **Recommended:** *None*

1d. **Limitation on Enrollment:** *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

A. Successfully navigate the college environment and experience

2. Course Objectives: Upon completion of this course, the student will be able to:

A. Recognize their academic weaknesses and strengths

B. Utilize college academic success skills and resources for transition to college and for transfer to a college or university

C. Identify transfer requirements and options

D.

3. Course Content

Achieving academic excellence

Time management

Note taking

Reading the textbook

Good study habits/Reducing test anxiety

Transfer requirements

Transfer options

Academic and personal strengths and weaknesses

Setting priorities

Career planning

4. Methods of Instruction:

Discussion:

Lecture:

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests --
Research Projects --
Portfolios --
Class Work --
Home Work --
Final Exam --

Additional assessment information:

1. Completion of the MDTP college placement test in mathematics and the CTEP or CELSA English placement test
2. Completion of the Learning and Study Strategies Inventory (LASSI)

Students will be assessed by evaluation of their portfolio which will consist of the following:

- a) a copy of their English and Math Assessments scores
- b) a copy of their Time Management plan
- c) development of a LASSI written analysis
- d) a mission statement
- e) an education plan and
- f) transfer research.

Students will also do weekly journaling, a campus assessment and a final critical thinking assignment.

Letter Grade or P/NP

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Textbook reading assignments, for example:

1. Supplemental reading on California State Universities and the University of California
2. A general education textbook chapter (for the discussion on reading the textbook)

B. Writing Assignments

1. Weekly journal writing on the reading assignment and previous week's lecture/discussion:

For example:

- a. "Ways I can improve my time management."
- b. "What transfer options I am considering."

2. A personal mission statement

3. A personal assessment paper to be included in their portfolio

C. Other Assignments

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7. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: John N. Gardner, A Jerome Jewler, Betsy O. Barefoot
Title: Your College Experience: Strategies For Success
Publisher: Macmillan Education
Date of Publication: 2014
Edition: 11th

Book #2:

Author: Robert S. Feldman

Title: POWER Learning Strategies for Success in College and Life

Publisher: McGraw Hill Higher Education

Date of Publication: 2014

Edition: 6th

B. Other required materials/supplies.

- Napa Valley College Catalog and Semester Schedule