Culture and Healthcare

- Culture
- Worldview

Cultural Competence

- The capacity of nurses or health service delivery systems to effectively understand and plan for the needs of a culturally diverse client or group
Cultural Terms

- Ethnicity
- Ethnocentrism
- Cultural Sensitivity

Cultural Brokering

- The nurse-as-culture-broker serves as a bridge between the client and the providers in the health care system by “stepping in,” or intervening, to facilitate the acquisition of effective health care.

Strategies for Cultural Competence

- Self-awareness
- Learning
- Identifying health care issues
Studies

- Prevalence measures
- Incidence measures

Risk Factors

- Ethnicity/race
- Diet
- Alcohol/drug use
- Health and healing practices

Risk Factors - continued

- Religious or spiritual beliefs
- Time orientation
- Migration
Natural History of Disorder

- The natural history of disorder refers to the course of disorder over time in the absence of intervention.

Stage of Susceptibility

- During this stage, the groundwork has been laid by the presence of risk factors that favor the occurrence of disorder.

Stage of Presymptomatic Disorder

- During this stage, there is no apparent disorder, but pathological changes have started to occur.
Stage of Clinical Disorder

- This stage is characterized by recognizable signs and symptoms of disorder.

Stage of Disability

- Some disorders leave residual impairment or disability of short or long duration.

Epidemiologic Principles

- **Psychiatric epidemiology** is the study of the distribution and determinants of mental disorders in human populations.
Resources

- [http://www.diversityrx.org](http://www.diversityrx.org)
  This link contains information about promoting language and cultural competence to improve the quality of health care for minority, immigrant, and ethnically diverse communities.

- [www.hc-sc.gc.ca](http://www.hc-sc.gc.ca)
  Health Canada is the federal department responsible for helping Canadians maintain and improve their health, while respecting individual choices and circumstances.

Resources - continued

- [http://www.nanainanurses.org](http://www.nanainanurses.org)
  The National Alaska Native American Indian Nurses Association is committed to working toward improved health care and nursing care for Alaska Native and American Indian consumers. It also serves the professional and educational needs of Alaska Native and American Indian nurses.

- [http://www.omhrc.gov](http://www.omhrc.gov)
  This Office of Minority Health link provides information about health disparities, programs, and resources; closing the health gap between dominant and minority populations; and improving health care for minorities.