Client Teaching

Standards

- Joint Commission on Accreditation of Healthcare Organizations (JCAHO)

Teaching

- Interactive process
- Conscious, deliberate set of actions
- Assist individuals to gain knowledge, change attitudes, adopt new behaviors, perform skills
Learning

• Acquisition of new knowledge, attitudes, behaviors, and skills
• Improves quality of life
• Assists client make an informed decision

Role of the PT

• Ethical responsibility to actively seek out opportunities to teach
• Responding to client requests (teaching moments)
• Identification of client needs (empathy)
• Providing the client with resources

Domains of Learning

• Cognitive learning
  – Knowledge
  – Comprehension
  – Application
  – Analysis
  – Synthesis
  – Evaluation
Basic Learning Principles

- Motivation to learn
- Ability to learn
  - Developmental
  - Physical
- Learning environment (you set the stage for learning)

Teaching Process and Assessment

- Expectations of learning
- Learning needs
- Motivation to learn
- Ability to learn
- Teaching environment
- Resources for learning

What is the problem relate to specifically

- Examples
  - Deficient knowledge
  - Ineffective health maintenance
  - Impaired home maintenance
  - Ineffective therapeutic regimen management
Teaching Process and Planning

- Learning objectives
- Organizing teaching material
- Maintaining attention and participation
- Building on existing knowledge

Teaching Tools

- Printed material
- Programmed instruction
- Computer instruction
- Nonprint materials
  - Diagrams, charts, pictures, objects, audiovisuals

Teaching Process and Implementation (cont'd)

- Incorporating teaching with nursing care
- Instructional methods
  - One-on-one discussion
  - Group instruction
  - Demonstrations
Teaching Process and Implementation (cont'd)

- Instructional methods
  - Role playing
  - Simulation

- Particular client needs
  - Illiteracy and disabilities
  - Cultural background and language
  - Developmental stage

Teaching Process and Evaluation

- Measurement methods
- Client expectations
- Documentation