Medication cards

Brand name (Capitalized)
generic name (not capitalized)
classification
typical dosage
action
why person is on medication
Contraindications
Patient teaching (which should include major side effects)

Example:

front side:

Percoset------oxycodone

back side:
classification: opioid analgesic
dosage: 5-10 mg q 3-4 hrs initially, then PRN
action: produces CNS depression
Why? post operative pain or reason pt is on med
Contraindications: pregnancy/lactation
Patient teaching: Watch for side effects such as severe confusion, sedation or blurred vision. In addition to these report any respiratory depression. You may become constipated, so increase fluids and fiber.