Seminar – Care Planning for a Patient with Diabetes

Objectives:
1. Identify factors that place a person at risk for diabetes.
2. Describe assessment findings for a patient with diabetes.
3. Explain diagnostic tests used for diabetes.
4. Select and prioritize possible nursing diagnoses for a person with diabetes.
5. Identify outcomes for a patient with diabetes.
6. Formulate a plan of care to achieve desired outcomes for a person with diabetes.
7. Explain the rationale for chosen interventions.

Preparation:
- Answer the questions in Castillo's “Strategies, techniques, and approaches to thinking”: Sections “Diabetes Mellitus”, “Insulin Therapy”, and “Complications of Diabetes Mellitus”.

Instructions:
- In groups of four, review your conclusions regarding each of the section questions. (30 minutes)
- Designated spokespersons for each group will share findings with the remaining groups. (30 minutes)
- As a class, determine priorities of diagnoses and interventions and state rationale for choices.