Seminar on Pain and Pain Management

Objectives - Cognitive

Students will:
1. Identify effective ways to counsel clients with pain.
2. Discuss a clinical experience they had in caring for a client with pain where it was difficult to assess the level of pain (due to LOC, cultural influences, communication difficulties, dementia…).
3. Identify positive as well as negative aspects of pain management.
4. Discuss the pros and cons from an ethical perspective of using placebos in pain research.

Objectives - Affective

5. Shares own feelings about pain and pain management.
6. Share awareness of own feelings about pain and addiction.

Objectives - Psychomotor

7. All students will use effective listening and responding skills in group discussion.

Description

1. Have the student group share clinical experiences they have had with objectives 1, 2, 5, and 6.

2. Have students break up into two groups for two group exercises.

   A. Have one group focus on the positive aspects of pain management and have the other group focus on the negative aspects of pain management. Have each group share their findings.

   B. Have one group focus on the pros of using placebos in pain management from an ethical perspective. Have the other group focus on the cons of using placebos in pain management from an ethical perspective. Have each group share their findings.

   Request that students share with each other what they have learned about themselves from this experience.