NURS 141
Video Skill Evaluation
10-minute Head to Toe Physical Assessment – Level III

Student: ___________________________  Pass _____  Fail _____
Evaluator: ___________________________  Date: ___________

S  U  NP  Comments

1. Standard protocol

2. General Survey
   a. Greet client – shake or hold hand
   b. Note facial expression
   c. Determine level of consciousness, orientation
      and appropriateness of response to questions
   d. Assess general hygiene
   e. Assess pain and level (No need to take BP, T.P.
      R for this evaluation)

3. Examines head and neck
   a. Note condition of eyes and pupils (PERRL)
   b. Check condition of hair and scalp
   c. Note condition of teeth, tongue, & mucous
      membranes
   d. Assess strength of carotid pulses– one at a time

4. Examines upper extremities
   a. Palpate brachial and radial pulses bilaterally
   b. Describe temperature, texture, and integrity of
      skin and whether edema is present or absent
   c. Assess capillary refill bilaterally
   d. Test hand gasps for strength bilaterally

5. Examines the Anterior & Posterior Chest & Abdomen
   a. Note condition of skin & respiratory pattern
   b. Palpate PMI. Auscultate heart sounds. Count AP
      for 30 seconds if regular, 60 seconds if irregular
   c. Auscultate anterior and posterior chest for breath
      sounds
   d. Auscultate abdominal sounds in all 4 quads
      before palpating the abdomen
   e. Palpate the abdomen.

6. Examines the lower extremities
   a. Determine bilaterally the presence & strength of
      the femoral, popliteal & pedal pulses.
   b. Describe temperature, texture, and integrity of
      skin and whether edema is present or absent
   c. Assess capillary refill
   d. Determine strength and movement of lower
      extremities

7. Standard protocol
8. Documentation of assessment findings.

Additional comments: