These must be addressed when video-taping skills for evaluation and are expected to be performed for all skills.

**Before the skill:**
1. Verify nursing intervention using physician’s order or nursing care plan.
2. Introduce yourself to client.
3. Identify client (arm band).
4. Explain procedure and rationale.
5. Assess client’s current health status and possible contraindications to specific intervention. Pre-medicate if indicated.
6. Gather appropriate equipment.
7. Perform hand hygiene – hand wash or alcohol-based hand rub as indicated.
8. Apply clean gloves as indicated.

**During the skill:**
1. Promote client involvement if possible.
2. Assess client’s tolerance.

**Completion protocol:**
1. Ensure client’s comfort and safety.
2. Raise side rails and lower bed.
3. Attach call light within reach. Be certain client knows how to use it.
4. Remove gloves (if used).
5. Perform hand hygiene.