Student: ___________________________
Evaluator: ___________________________
Method: Lab Partner

1. **Standard protocol**

2. **Semi-Fowler’s & Fowler’s position:**
   - Raises head of bed to correct level(s)
   - Uses pillows to support head and arms.
   - Raises knee break slightly, avoiding pressure on popliteal space.

3. **Lateral position:**
   - Moves client to side of bed opposite where client will turn
   - From other side of bed, assists client to roll toward nurse
   - Flex client’s upper leg and supports with pillow
   - Position both arms in slightly flexed position
   - Supports upper arm level with shoulder with pillow
   - Supports client’s back and ensures alignment

4. **Sims’ position:**
   - In lateral position, externally rotate arm against mattress
   - and extend lowermost leg
   - Roll client partially on abdomen
   - Support client’s upper arm and leg in flexed position
   - Place pillow under flexed upper leg, supporting leg level
   - with hip

5. **Assesses body alignment, level of comfort, and potential pressure points**

6. **Documents position assumed, frequency of turning, condition of skin, joint movement, comfort, ability to assist, and number of staff needed to complete procedure.**

7. **Standard protocol**

Additional comments: