Nurs 141

Video Skill Evaluation
Oximetry and Oxygen
Deep Breathing and Coughing
Incentive Spirometer
Level I

Student: ________________________
Evaluator: _____________________
Method: Lab partner

Pass____ Fail____
Date: _____________

S U NP COMMENTS

PULSE OXIMETRY:

1. Standard protocol
   ___   ___   ___   ___   ___

2. Select and check perfusion of selected site. Prepare selected site for measurement (i.e. remove nail polish).
   ___   ___   ___   ___   ___

3. Position client. Instruct to breathe normally.
   ___   ___   ___   ___   ___

   ___   ___   ___   ___   ___

5. Read saturation level.
   ___   ___   ___   ___   ___

6. Record and report oxygen saturation, client responses, and abnormal findings.
   ___   ___   ___   ___   ___

Applying a Nasal Cannula:

1. Assess client’s respiratory status.
   ___   ___   ___   ___   ___

2. Prepare needed equipment and supplies.
   ___   ___   ___   ___   ___

3. Attach nasal cannula to oxygen flow meter. Use humidified oxygen source, if indicated.
   ___   ___   ___   ___   ___

4. Adjust oxygen flow to prescribed rate.
   ___   ___   ___   ___   ___

5. Place tips of cannula into nares. Be sure to specify which direction the nasal prongs are placed.
   ___   ___   ___   ___   ___

6. Adjust band until cannula fits snugly and comfortably.
   ___   ___   ___   ___   ___

7. Assess nares and external nose for skin breakdown.
   ___   ___   ___   ___   ___

8. Check cannula every 8 hours, along with flow rate, and physician’s orders.
   ___   ___   ___   ___   ___

   ___   ___   ___   ___   ___

10. Record/report procedure, observations, and client response.
    ___   ___   ___   ___   ___

Deep breathing and coughing:

1. Assist client to sitting position.
   ___   ___   ___   ___   ___

2. Instruct client to place palms of hands over the lower border of the rib cage with third fingers touching.
   ___   ___   ___   ___   ___

3. Have client take slow, deep breaths and feel fingers separate.
   ___   ___   ___   ___   ___

4. Have client hold the breath for 3 seconds and exhale through the mouth slowly, as if blowing out a candle.
   ___   ___   ___   ___   ___

5. Instruct client to cough forcefully.
   ___   ___   ___   ___   ___

6. Have the client practice several times.
   ___   ___   ___   ___   ___

7. Instruct client to perform turn, cough, and deep breathing every 2 hours.
   ___   ___   ___   ___   ___
Incentive spirometer
1. Position in a sitting or reclining position.
2. Instruct client to exhale completely, then place mouthpiece so that lips completely cover it and inhale slowly, maintaining constant flow through unit.
3. After maximum inspiration, client should hold breath for 2 to 3 seconds, then exhale slowly.
4. Instruct client to breathe normally for a short period, then repeat process.
5. Standard protocol

Additional comments: