Student: ______________________  Pass_____ Fail_____
Evaluator: _____________________  Date: ____________

**Handwashing:**
1. Push wristwatch and long uniform sleeves above wrists. Avoid wearing rings. If worn, remove during washing.
2. Keep hands and uniform away from sink surface.
3. Turn faucet on with hands or push knee pedals or press foot pedals with foot to regulate flow and temperature.
4. Wet hands and wrists thoroughly under running water. Keep hands and forearms lower than elbows during washing.
5. Apply a small amount of soap or antiseptic, lathering thoroughly.
6. Wash hands using plenty of lather and friction for at least 10 to 15 seconds. Interlace fingers and rub palms and back of hands with circular motion at least 5 times each. Keep fingertips down.
7. Clean fingernails with fingernails of other hand scrubbing against palm of opposite hand.
8. Rinse hands and wrists thoroughly, keeping hands down and elbows up.
9. Dry hands thoroughly from fingers to wrists and forearms.
10. Discard paper towel/cloth in proper receptacle.
11. Turn off water with foot or knee pedals. Turn off hand faucet with clean, dry paper towel without touching handles with hands.

**Mask, gown, gloves, and goggles (isolation)**

**Prior to entering room:**
1. Apply mask around mouth and nose; tie securely, making sure mask fits snugly.
2. Apply gown, being sure it covers all outer garments; pull sleeves down to wrist. Tie securely at neck and waist.
3. Apply disposable gloves. Interlink fingers to adjust glove fit if worn with gown, bring cuffs over edge of gown sleeves.
4. Apply goggles or face shield to fit snugly around face and eyes.
5. Enter room.

**Prior to leaving room:**
1. Remove isolation garb at door of room.
2. Remove eyewear or goggles without touching hair or face.
3. Untie gown at waist. Remove one glove by grasping cuff and pulling glove inside out over hand taking care to touch only glove to glove. Discard glove. With ungloved hand, tuck finger inside of remaining glove and pull off inside out. Discard in proper receptacle.
4. Without touching outer surface of mask, remove mask; drop mask into trash receptacle.
5. Untie neck strings of gown. Allow gown to fall from shoulders. Remove hands from sleeves without touching outside of gown. 


7. Wash hands.

8. Leave room, opening door as little as possible.

Additional Comments: