Across
4. _______ variables can determine the importance or lack of, that the person places on health care.
6. _______ stage is stage one in the GAS
8. Improvement in health may involve a change in health
10. Reflected in how a person lives their life, including values and beliefs they have
14. NYC’s associate degree nursing program guides the curriculum toward the goals of promoting, _______, and restoring the health of the individual.
16. Health _______ is the process of enabling people to increase control over and improve their health
18. Is an acute response by living tissue to any injury
19. In stage three of the GAS this occurs when the body can no longer resist stress and energy is depleted.
21. Inflammation is always present with an _______. But it is not always present with inflammation.
22. A person’s _______ background is an important internal variable, because beliefs about health are shaped in part by the person’s knowledge, lack of knowledge or incorrect information.
24. A balanced integration of health

Down
1. Three levels of preventive care are primary, secondary and _______.
2. _______ factor is a situation that increases the vulnerability of a person to an illness or accident.
3. General term linking environmental demands and the person’s capacity to meet those demands.
5. The nurse must view the whole _______ as a client under stress.
7. An individual’s state of _______ is an integral aspect of their identity.
9. In stage two of the GAS the body attempts to adapt to the stressor by _______. The HR, BP and cardiac output
11. When the nurse gathers subjective information he can better understand the client’s _______ of their illness.
12. Life _______ can be sources of stress
13. _______ background influences beliefs, values and customs and can influence a person’s approach to the health care system.
15. This health model encourages client involvement in their healing process, and considers the client the expert.
17. Can have a positive or negative effect on health
20. _______ hierarchy of needs is a model nurses can use to understand the interrelationships of basic human needs.
23. Efforts oriented towards managing stress are called _______.
25. Identified physiological responses to stress called “general adaptation syndrome” (GAS)