“The School Days of an Indian Girl”, by Zitkala-Ša (Gertrude Simmons Bonnin) (1900)¹

Your textbook also has an excerpt from Zitkala-Ša’s account of her experiences in a boarding school for Native American children. I want you to read the following excerpt instead, although I recommend reading the background information on Zitkala-Ša in TWE (p. 421).

Questions to think about:

1. Describe Zitkala-Ša’s relationship with her family.
2. What did Zitkala-Ša mean when she said she returned to the reservation “neither a wild Indian nor a tame one”? What did she reject about her education, and what did she except?
3. Given the pain of her school experience, what reasons can you suggest for Zitkala-Ša’s return to school?
4. One scholar has characterized the assimilationist education offered by well-meaning white “friends of the Indian” as a kind of “tender violence”. Given Zitkala-Ša’s account, what do you think of this term? (Question from TWE, p. 425).

From the mid-1880s to the 1930s, the thrust of American Indian policy was to assimilate Native Americans into the larger society. Boarding schools for Native American children became a common strategy for inducting promising young Native Americans into white culture. Officials were particularly eager to educate girls, hoping to alter the domestic culture of the Indians.

Zitkala-Ša, or Red Bird (1876–1938), a Sioux from the Yankton reservation in South Dakota, described in a series of articles in the Atlantic Monthly in 1900 her experiences at a Quaker missionary school for Native Americans in Wabash, Indiana, which she attended from age eight to eleven. She returned to the school four years later to complete the course of study and then attended Earlham College in Richmond, Indiana, somehow acquiring the capacity to succeed in the white world without losing her Native American heritage. After returning to the Sioux country, she married a Sioux and began a lifetime of work to improve the status and condition of Indian peoples. In a long career that ended with her death in 1938, she played an influential role in the organization of Native American communities, which led to major though not thoroughly satisfying federal reforms in the late 1920s and 1930s.

The first turning away from the easy, natural flow of my life occurred in an early spring. It was in my eighth year; in the month of March, I afterward learned. At this age I knew but one language, and that was my mother’s native tongue.

¹ Text, introduction, and questions 2 & 3 as printed in Robert D. Marcus et al., America Firsthand, Vol. 2, 8th edn (Boston, 2010), pp. 39–45.
“Mother, my friend Judéwin is going home with the missionaries. She is going to a more beautiful country than ours; the palefaces told her so!” I said wistfully, wishing in my heart that I too might go.

Mother sat in a chair, and I was hanging on her knee. Within the last two seasons my big brother Dawée had returned from a three years’ education in the East, and his coming back influenced my mother to take a farther step from her native way of living. First it was a change from the buffalo skin to the white man’s canvas that covered our wigwam. Now she had given up her wigwam of slender poles, to live, a foreigner, in a home of clumsy logs.

“Yes, my child, several others besides Judéwin are going away with the palefaces. Your brother said the missionaries had inquired about his little sister,” she said, watching my face very closely.

My heart thumped so hard against my breast, I wondered if she could hear it.

“Did he tell them to take me, mother?” I asked, fearing lest Dawée had forbidden the palefaces to see me, and that my hope of going to the Wonderland would be entirely blighted.

With a sad, slow smile, she answered: “There! I knew you were wishing to go, because Judéwin has filled your ears with the white men’s lies. Don’t believe a word they say! Their words are sweet, but, my child, their deeds are bitter. You will cry for me, but they will not even soothe you. Stay with me, my little one! Your brother Dawée says that going East, away from your mother, is too hard an experience for his baby sister.”

Thus my mother discouraged my curiosity about the lands beyond our eastern horizon; for it was not yet an ambition for Letters that was stirring me. But on the following day the missionaries did come to our very house. I spied them coming up the footpath leading to our cottage. A third man was with them, but he was not my brother Dawée. It was another, a young interpreter, a paleface who had a smattering of the Indian language. I was ready to run out to meet them, but I did not dare to displease my mother. With great glee, I jumped up and down on our ground floor. I begged my mother to open the door, that they would be sure to come to us. Alas! They came, they saw, and they conquered!

Judéwin told me of the great tree where grew red, red apples; how we could reach out our hands and pick all the red apples we could eat. I had never seen apple trees. I had never tasted more than a dozen red apples in my life; and when I heard of the orchards of the East, I was eager to roam among them. The missionaries smiled into my eyes, and patted my head. I wondered how mother could say such hard words against them.

“Mother, ask them if little girls may have all the red apples they want, when they go East,” I whispered aloud in my excitement.

The interpreter heard me, and answered: “Yes, little girl, the nice red apples are for those who pick them; and you will have a ride on the iron horse if you go with these good people.”

I had never seen a train, and he knew it.

“Mother, I’m going East! I like big red apples, and I want to ride on the iron horse! Mother, say yes!” I pleaded.

My mother said nothing. The missionaries waited in silence; and my eyes began to blur with tears, though I struggled to choke them back. The corners of my mouth twitched, and my mother saw me.

“I am not ready to give you any word,” she said to them. “Tomorrow I shall send you my answer by my son.”

[The next day] my brother Dawée came for mother’s decision. I dropped my play, and crept close to my aunt.

“Yes, Dawée, my daughter, though she does not understand what it all means, is anxious to go. She will need an education when she is grown, for then there will be fewer real Dakotas, and many more palefaces. This tearing her away, so young, from her mother is necessary, if I would have her an educated woman. The palefaces, who owe us a large debt for stolen lands, have begun to pay a tardy justice in offering some education to our children. But I know my daughter must suffer keenly in this experiment. For her sake, I dread to tell you my reply to the missionaries. Go, tell them that they may take my little daughter, and that the Great Spirit shall not fail to reward them according to their hearts.”

THE CUTTING OF MY LONG HAIR

The first day in the land of apples was a bitter-cold one; for the snow still covered the ground, and the trees were bare. A large bell rang for breakfast, its loud metallic voice crashing through the belfry overhead and into our sensitive ears. The annoying clatter of shoes on bare floors gave us no peace. The constant clash of harsh noises, with an undercurrent of many voices murmuring an unknown tongue, made a bedlam within which I was securely tied. And though my spirit tore itself in struggling for its lost freedom, all was useless.

A paleface woman, with white hair, came up after us. We were placed in a line of girls who were marching into the dining room. These were Indian girls, in stiff shoes and closely clinging dresses. The small girls wore sleeveless aprons and shingled hair. As I walked noiselessly in my soft mocasins, I felt like sinking to the floor, for my blanket had been stripped from my shoulders. I looked hard at the Indian girls, who seemed not to care that they were even more immodestly dressed than I, in their tightly fitting clothes. While we marched in, the boys entered at an opposite door. I watched for the three young braves who came in our party. I spied them in the rear ranks, looking as uncomfortable as I felt.

A small bell was tapped, and each of the pupils drew a chair from under the table. Supposing this act meant they were to be seated, I pulled out mine and at once slipped it into one side. But when I turned my head, I saw that I was the only one seated, and all the rest at our table remained standing. Just as I began to rise, looking shyly around to see how chairs were to be used, a second bell was sounded. All were seated at last, and I had to crawl back into my chair again. I heard a man’s voice at one end of the hall, and I looked around to see him. But all the others hung their heads over their plates. As I glanced at the long chain of tables, I caught the eyes of a paleface woman upon me. Immediately
I dropped my eyes, wondering why I was so keenly watched by the strange woman. The man ceased his mutterings, and then a third bell was tapped. Everyone picked up his knife and fork and began eating. I began crying instead, for by this time I was afraid to venture anything more.

But this eating by formula was not the hardest trial in that first day. Late in the morning, my friend Judéwin gave me a terrible warning. Judéwin knew a few words of English; and she had overheard the paleface woman talk about cutting our long, heavy hair. Our mothers had taught us that only unskilled warriors who were captured had their hair shingled by the enemy. Among our people, short hair was worn by mourners, and shingled hair by cowards!

We discussed our fate some moments, and when Judéwin said, “We have to submit, because they are strong,” I rebelled.

“No, I will not submit! I will struggle first!” I answered.

I watched my chance, and when no one noticed I disappeared. I crept up the stairs as quietly as I could in my squeaking shoes,—my moccasins had been exchanged for shoes. Along the hall I passed, without knowing whither I was going. Turning aside to an open door, I found a large room with three white beds in it. The windows were covered with dark green curtains, which made the room very dim. Thankful that no one was there, I directed my steps toward the corner farthest from the door. On my hands and knees I crawled under the bed, and cuddled myself in the dark corner.

From my hiding place I peered out, shuddering with fear whenever I heard footsteps near by. Though in the hall loud voices were calling my name, and I knew that even Judéwin was searching for me, I did not open my mouth to answer. Then the steps were quickened and the voices became excited. The sounds came nearer and nearer. Women and girls entered the room. I held my breath and watched them open closet doors and peep behind large trunks. Some one threw up the curtains, and the room was filled with sudden light. What caused them to stoop and look under the bed I do not know. I remember being dragged out, though I resented by kicking and scratching wildly. In spite of myself, I was carried downstairs and tied fast in a chair.

I cried aloud, shaking my head all the while until I felt the cold blades of the scissors against my neck, and heard them gnaw off one of my thick braids. Then I lost my spirit. Since the day I was taken from my mother I had suffered extreme indignities. People had stared at me. I had been tossed about in the air like a wooden puppet. And now my long hair was shingled like a coward’s! In my anguish I moaned for my mother, but no one came to comfort me. Not a soul reasoned quietly with me, as my own mother used to do; for now I was only one of many little animals driven by a herder.

**IRON ROUTINE**

A loud-clamoring bell awakened us at half past six in the cold winter mornings. From happy dreams of Western rolling lands and unlassed freedom we tumbled out upon chilly bare floors back again into a paleface day. We had short time to jump into our shoes and clothes, and wet our eyes with icy water, before a small hand bell was vigorously rung for roll call. . . .

A paleface woman, with a yellow-covered roll book open on her arm and a gnawed pencil in her hand, appeared at the door. Her small, tired face was coldly lighted with a pair of large gray eyes. . . .

Relentlessly her pencil black-marked our daily records if we were not present to respond to our names, and no chum of ours had done it successfully for us. No matter if a dull headache or the painful cough of slow consumption had delayed the absentee, there was only time enough to mark the tardiness. It was next to impossible to leave the iron routine after the civilizing machine had once begun its day’s buzzing; and as it was inbred in me to suffer in silence rather than to appeal to the ears of one whose open eyes could not see my pain, I have many times trudged in the day’s harness heavy-footed, like a dumb sick brute. . . .

I grew bitter, and censured the woman for cruel neglect of our physical ills. I despised the pencils that moved automatically, and the one teaspoon which dealt out, from a large bottle, healing to a row of variously ailing Indian children. I blamed the hard-working, well-meaning, ignorant woman who was inculcating in our hearts her superstitious ideas. Though I was sullen in all my little troubles, as soon as I felt better I was ready again to smile upon the cruel woman. Within a week I was again actively testing the chains which tightly bound my individuality like a mummy for burial. . . .

**INCURRING MY MOTHER’S DISPLEASURE**

In the second journey to the East I had not come without some precautions. I had a secret interview with one of our best medicine men, and when I left his wigwam I carried securely in my sleeve a tiny bunch of magic roots. This possession assured me of friends wherever I should go. So absolutely did I believe in its charms that I wore it through all the school routine for more than a year. Then, before I lost my faith in the dead roots, I lost the little buckskin bag containing all my good luck.

At the close of this second term of three years I was the proud owner of my first diploma. The following autumn I ventured upon a college career against my mother’s will.

I had written for her approval, but in her reply I found no encouragement. She called my notice to her neighbors’ children, who had completed their education in three years. They had returned to their homes, and were then talking English with the frontier settlers. Her few words hinted that I had better give up my slow attempt to learn the white man’s ways, and be content to roam over the prairies and find my living upon wild roots. I silenced her by deliberate disobedience.

Thus, homeless and heavy-hearted, I began anew my life among strangers. As I hid myself in my little room in the college dormitory, away from the scornful and yet curious eyes of the students, I pined for sympathy. Often I wept in secret, wishing I had gone West, to be nourished by my mother’s love, instead of remaining among a cold race whose hearts were frozen hard with prejudice.
During the fall and winter seasons I scarcely had a real friend, though by that time several of my classmates were courteous to me at a safe distance. . . . I appeared as the college representative in an oratorical contest. This time the competition was among orators from different colleges in our state. It was held at the state capital, in one of the largest opera houses.

Here again was a strong prejudice against my people. In the evening, as the great audience filled the house, the student bodies began warring among themselves. Fortunately, I was spared witnessing any of the noisy wrangling before the contest began. The slurs against the Indian that stained the lips of our opponents were already burning like a dry fever within my breast.

But after the orations were delivered a deeper burn awaited me. There, before that vast ocean of eyes, some college rowdies threw out a large white flag, with a drawing of a most forlorn Indian girl on it. Under this they had printed in bold black letters words that ridiculed the college which was represented by a “squaw.” Such worse than barbarian rudeness embittered me. While we waited for the verdict of the judges, I gazed fiercely upon the throngs of palefaces. My teeth were hard set, as I saw the white flag still floating insolently in the air.

Then anxiously we watched the man carry toward the stage the envelope containing the final decision.

There were two prizes given, that night, and one of them was mine!

The evil spirit laughed within me when the white flag dropped out of sight, and the hands which flung it hung limp in defeat.

Leaving the crowd as quickly as possible, I was soon in my room. The rest of the night I sat in an armchair and gazed into the crackling fire. I laughed no more in triumph when thus alone. The little taste of victory did not satisfy a hunger in my heart. In my mind I saw my mother far away on the Western plains, and she was holding a charge against me.

RETROSPECTION

. . . At this stage of my own evolution, I was ready to curse men of small capacity for being the dwarfs their God had made them. In the process of my education I had lost all consciousness of the nature world about me. Thus, when a hidden rage took me to the small white-walled prison which I then called my room, I unknowingly turned away from my one salvation.

Alone in my room, I sat like the petrified Indian woman of whom my mother used to tell me. I wished my heart’s burdens would turn me to unfeeling stone. But alive, in my tomb, I was destitute!

For the white man’s papers I had given up my faith in the Great Spirit. For these same papers I had forgotten the healing in trees and brooks. On account of my mother’s simple view of life, and my lack of any, I gave her up, also. I made no friends among the race of people I loathed. Like a slender tree, I had been uprooted from my mother, nature, and God. I was shorn of my branches, which had waved in sympathy and love for home and friends. The natural coat of bark which had protected my oversensitive nature was scraped off to the very quick.

Now a cold bare pole I seemed to be planted in a strange earth. Still, I seemed to hope a day would come when my mute aching head, reared upward to the sky, would flash a zigzag lightning across the heavens. With this dream of vent for a long-pent consciousness, I walked again amid the crowds.

At last, one weary day in the schoolroom, a new idea presented itself to me. It was a new way of solving the problem of my inner self. I liked it. Thus I resigned my position as teacher; and now I am in an Eastern city, following the long course of study I have set for myself. Now, as I look back upon the recent past, I see it from a distance, as a whole. I remember how, from morning till evening, many specimens of civilized peoples visited the Indian school. The city folk with canes and eyeglasses, the countrypeople with sunburnt cheeks and clumsy feet, forgot their relative social ranks in an ignorant curiosity. Both sorts of these Christian palefaces were alike astounded at seeing the children of savage warriors so docile and industrious.

As answers to their shallow inquiries they received the students’ sample work to look upon. Examining the neatly figured pages, and gazing upon the Indian girls and boys bending over their books, the white visitors walked out of the schoolhouse well satisfied: they were educating the children of the red man! They were paying a liberal fee to the government employees in whose able hands lay the small forest of Indian timber.

In this fashion many have passed idly through the Indian schools during the last decade, afterward to boast of their charity to the North American Indian. But few there are who have paused to question whether real life or long-lasting death lies beneath this semblance of civilization.