Trauma, Stressor-related, and Dissociative Disorders

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Trauma-Related Disorders in Children

- Clinical Picture
  - Posttraumatic stress disorder in preschool children
  - Reactive attachment disorder
  - Disinhibited social engagement disorder

Trauma-related Disorders in Children (Cont.)

- Epidemiology
- Comorbidity
- Biological factors
  - Genetic
  - Neurobiological
Trauma-related Disorders in Children (Cont.)

- Psychological factors
  - Attachment theory
- Environmental factors
- Cultural considerations

Application of the Nursing Process

- Assessment
  - Developmental assessment
- Nursing diagnoses
- Outcomes identification
- Implementation

Case Study

- A child has been traumatized by a history of violence. The nurse plans to assess the child’s mental health.
- What are some things that should be assessed?
Application of the Nursing Process (Cont.)

- Interventions
- Advanced practice interventions
- Psychopharmacology
- Evaluation

Case Study (Cont.)

- What are some interventions the nurse could use with this child who has been traumatized?

Trauma-Related Disorders in Adults

- Posttraumatic stress disorder (PTSD)
  1.
  2.
  3.
  4.
Trauma-Related Disorders in Adults (Cont.)

- Epidemiology
- Comorbidity
- Psychological factors
  - Polyvagal theory
  - Treatment

Trauma-Related Disorders in Adults (cont’d)

- Acute Stress Disorder
  - Diagnosis/criteria
  - Outcomes
  - Implementation

Trauma-Related Disorders in Adults (Cont.)

Adjustment disorder

1.

2.

3.
Dissociative Disorders

- Occur after…
- Individuals respond to…
- Unconscious defense mechanism
- Protects individual against…

Dissociative Disorders (Cont.)

- Depersonalization/derealization disorder
- Dissociative amnesia
- Dissociative identity disorder

Dissociative Disorders (Cont.)

- Epidemiology
- Comorbidity
- Etiology
- Biological factors
  - Genetic
  - Neurobiological
Dissociative Disorders (Cont.)

- Psychological factors
- Environmental factors
- Cultural considerations

Depersonalization/Derealization Disorder

- Depersonalization—focus on...
- Derealization—focus on...

Dissociative Amnesia

- Inability to recall...
- Often of traumatic or stressful nature
  - Dissociative fugue
Dissociative Identity Disorder

- Presence of two or more distinct...
- Each alternate personality (alter) has own pattern of
  - Perceiving
  - Relating to and
  - Thinking about the self and environment

Dissociative Disorders Assessment

- History
- Moods
- Impact on patient and family
- Suicide risk
- Self-assessment

Dissociative Disorders Implementation

- Interventions
  - Psychoeducation
  - Pharmacological interventions
- Advanced practice interventions
  - Somatic therapy
- Evaluation
1. A nurse assesses a patient diagnosed with dissociative identity disorder. Which finding would likely be part of the patient's history?

A. Travel to a foreign country
B. Physical or sexual abuse
C. Thyroid dysfunction
D. Eating disorder