ADS 133 - Assessment and Treatment Planning in Addiction Studies Course Outline
Approval Date: 03/16/2018
Effective Date: 06/01/2018

SECTION A
Unique ID Number CCC000525413
Discipline(s) Counseling
Division Counseling
Subject Area Addiction Studies
Subject Code ADS
Course Number 133
Course Title Assessment and Treatment Planning in Addiction Studies
TOP Code/SAM Code 2104.40 - Substance Abuse/Addiction Counseling* / C - Occupational

Rationale for adding this course to the curriculum Change subject coded COUN to ADS
Units 2
This Course Is AA/AS Degree
Certificate/Skill Award
Degree Applicable
Distance Ed
Cross List N/A
Typical Course Weeks 18
Total Instructional Hours

Contact Hours
Lecture 36.00
Lab 0.00
Activity 0.00
Work Experience 0.00
Total Contact Hours 36

Hours per semester in outside of class assignments 72.00
Open Entry/Open Exit No
Maximum Enrollment
Grading Option  Letter Grade Only

Distance Education Mode of Instruction  On-Campus

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability  May be repeated 0 times

Catalog Description  The course reviews of the principles and practices of addiction treatment including the processes of intake, screening, assessment, treatment planning, referral, documentation, professional and ethical codes of conduct. Students will practice documentation record management procedures.

Schedule Description

SECTION D

Condition on Enrollment

1a. Prerequisite(s):  None

1b. Corequisite(s):  None

1c. Recommended:  None

1d. Limitation on Enrollment:  None

SECTION E

Course Outline Information

1. Student Learning Outcomes:
   A. Students will be able to conduct intake, screening, assessment, treatment planning, referral and documentation for clients in treatment for alcohol and other substance use, utilizing professional and ethical codes of conduct.

2. Course Objectives: Upon completion of this course, the student will be able to:
   A. Review and evaluate the interdisciplinary approach to addictions treatment.
   B. Compare and contrast various substance use assessment instruments and diagnostic tools and understand their uses applied to specific populations.
   C. Develop treatment plans appropriate to the clients' developmental stage, degree of dependence, readiness of change and phase of recovery.
   D. Define and compare the professional standards and code of ethics for Certified Addictions Treatment Counselors.

3. Course Content
   A. Interdisciplinary approach to addictions treatment.
      a. Theories and practices of addiction treatment
      b. Ancillary services to support long-term recovery
   B. Assessment and diagnosis tools in treatment
      a. 5-axis diagnosis of substance abuse based on DSM-V
      b. Consent for treatment: confidentiality; inform client of program procedures and responsibilities; inform client on counselor mandated reporting laws
      c. Assessment in treatment; danger; Addiction Severity Index; Stages of Change assessment; specific assessments for target populations (adolescents, older adults); family involvement in working with adolescents
C. Treatment plans for client’s stage of dependence, change and recovery
   a. 7 domains: substance use; physical health; mental health; vocational/educational/economic status; family status; social; legal and environmental constraints
   b. Modify client outcome goals as necessary based on domains
   c. Assess insurance and financial options for treatment
   d. Provide appropriate referrals and service coordination

D. Professional standards and code of ethics
   a. Code of ethics for Certified Addictions Treatment Counselors
   b. Professional standards and scope of practice
   c. Title 22 regulations for community care facilities regulated by the Community Care Licensing Division of California
   d. 42 code of Federal regulations and other state and federal regulations
   e. Professional development and self care
   f. Participation in supervision and consultation
   g. 

4. Methods of Instruction:

   Discussion
   Lecture
   Observation and Demonstration

Lecture, discussion, group work, scenarios, and case review. 1. Lecture on the theories of addiction treatment. 2. Group work utilizing consent of treatment forms, practice various scenarios informing clients of their rights and responsibilities in treatment. 3. Review case studies on various treatment plans and evaluate the strengths and weaknesses of each plan.

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

   Typical classroom assessment techniques

   Exams/Tests --
   Quizzes --
   Papers --
   Oral Presentation --
   Group Projects --
   Class Participation --
   Class Work --
   Home Work --
   Final Exam --
   Mid Term --

   Additional assessment information:
   Grades will be based upon:
   A final, midterm, quizzes, writing exercises, a written treatment plan, and examination of case studies and group work.
   
   For example:
   1. A written treatment plan that includes conducting an intake, assessing and screening, and providing referral and documentation on a substance using (case study) client.
   2. Quiz on reading of textbook chapters on the Code of Ethics for Certified Addictions Treatment Counselors.

   Letter Grade Only
6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments
   Selected readings from textbook, Addiction Counseling Competencies Manual, periodicals or other articles covering topics outlines in lecture.

   For example:
   1. Read the Code of Ethics for Certified Addictions Treatment Counselors and in small groups discuss the applications of the codes to various vignettes and the consequences of violating these codes.
   2. Read the theories of addiction treatment and compare and contrast the differences of two theories in an essay.

B. Writing Assignments
   Written essays, journal entries and papers on the topics of assessment and treatment plans.

   For example:
   1. Research the Title 22 regulations for Community Care facilities in California, and select a local agency that is required to implement these regulations. Utilizing interview techniques taught in class, identify in a written report how these guidelines are implemented at the local agency and what implications they have on quality of care for clients.
   2. Utilizing documentation techniques, write a treatment plan for a client receiving outpatient substance use treatment services, and include a discharge summary. Incorporate the mutually agreed upon goals and outcomes between the client and the counselor.

C. Other Assignments
   Practice techniques through vignettes role plays and case studies.

   For example:
   1. Demonstration of skill in recognizing critical issues in assessment, treatment planning and referral to other professionals in role plays and written vignettes.

7. Required Materials
   A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

   Book #1:
   Author: Summers, Nancy
   Title: Fundamentals of Case Management Practice: Skills for the Human Services
   Publisher: Cengage Publishing
   Date of Publication: 2012
   Edition: 4th

   Book #2:
   Author: Woodside and McClam
   Title: Generalist Case Management
   Publisher: Cengage Publishing
B. Other required materials/supplies.