Question #1

The husband of a client reports to the nurse that his wife “just doesn’t seem to enjoy doing anything or being around anyone”. The client’s husband is describing a symptom often seen in clients with schizophrenia known as:

1. Isolation.
2. Avolition.
3. Anhedonia.
4. Alopecia.
Rationale #1

Answer #3 is correct. Anhedonia is the inability to experience pleasure. People with schizophrenia cannot enjoy experiences because of the physiologic reason over which they have no control.

Analysis level

Question #2

A client believes someone is coming into the house and stealing all the jewelry. Which of the following types of schizophrenia is often associated with delusional thinking?

1. Alzheimer's
2. Paranoid
3. Catatonic
4. Affective
Rationale #2

Answer #2 is correct. Persecutory delusions present in the client with paranoid schizophrenia.

Analysis level

Question #3

Which of the following statements made by the daughter of a client with schizophrenia reflects an understanding of the genetic theory of schizophrenia?

1. “People with schizophrenia inherit the disease from a mutated gene.”
2. “People with schizophrenia can be identified by the presence of CGEMS.”
3. “GenoProof® has identified the genetic marker for schizophrenia.”
4. “People with schizophrenia inherit a genetic predisposition to the disease rather than the disease itself.”
Rationale #3

Answer #4 is correct. To date, no specific genetic maker for schizophrenia has been found.

Evaluation level

Question #4

The nurse is completing a family history on a client with schizophrenia. The client has an identical twin, adopted by another family, who is “normal.” This finding lends support to which of the following biopsychosocial theories of schizophrenia?

1. Environmental
2. Genetic
3. Biochemical
4. Neurological
Rationale #4

Answer #1 is correct. The data provided lends support to the influence of environment on the incidence of schizophrenia.

Analysis level

Question #5

Which job would the nurse recommend to a client with paranoid schizophrenia?

1. Working as a cashier in a grocery store.
2. Working in the baggage claims section at the bus terminal.
3. Working as a sorter in a packing department.
4. Working as a valet at the airport.
Rationale #5

Answer #3 is correct. The most suitable job would be working as a sorter in a packing department as repetitive skills and minimal decision-making are involved.

Application level

Question #6

Which of the following nursing diagnoses would specifically relate to the client with delusions of grandeur?

1. Social isolation
2. Low self-esteem
3. Ineffective coping
4. Disturbed thought processes
Rationale #6

Answer #4 is correct. The client with delusions of grandeur is experiencing impaired thought processes; therefore, the specific diagnosis is disturbed thought processes.

Synthesis level

Question #7

The nurse is developing a plan of care to support the family of a client with schizophrenia. Which of the following observations will assist the nurse in identifying family roles and functions?

1. Integrate data from the family communication pattern questionnaire.
2. Ask the client to describe how the family communicates.
3. Observe communication patterns during the family meeting.
4. Encourage family members to describe their role in providing care for the family member.
Rationale #7

Answer #3 is correct. Observing communication patterns among the family provides the nurse with data to develop a plan of care.

*Synthesis level*

Question #8

An independent nursing intervention found to be effective in delaying or preventing relapse is:

1. Referring client for case management.
2. Intervening when prodromal symptoms occur.
3. Modifying maintenance medication.
4. Ignoring maladaptive behavior.
Rationale #8

Answer #2 is correct. Close monitoring for prodromal symptoms enables early clinical intervention, which may prevent a relapse.

Application level

Question #9

Which of the following characteristics of the nurse will interfere with the therapeutic nurse-client relationship?

1. Demonstrates decreased self-awareness
2. Demonstrates acceptance of individual differences
3. Integrates cultural sensitivity
4. Engages in introspection
Rationale #9

Answer #1 is correct. Self-awareness is a prerequisite for engaging in therapeutic interpersonal communication. With decreased self-awareness the nurse will not be cognizant of his/her nonverbal communication.

Application level

Question #10

A treatment facility housekeeper is overheard making the following statement: “I don’t understand why schizophrenics are so messy.” Which of the following corrective actions is indicated?

1. Transfer the housekeeper to another area.
2. No action is needed.
3. In-service staff on behaviors associated with thought disorders.
4. Reprimand the housekeeper for being unprofessional.
Rationale #10

Answer #3 is correct. Corrective action would be to in-service staff on behaviors associated with thought disorders. This would serve to assist staff in understanding the needs of clients to help maintain a therapeutic milieu.

Application level